

More Native Businesses Using CESO Expertise

by H. Chapparral

Whether you look these days — east coast, west coast, or the prairies — Native-owned and managed businesses and institutions are showing a new spirit of achievement, a spirit of self-determination.

Over the past few years, the Canadian Executive Service Organizations (CESO), has contributed greatly to the momentum that's been generated by Native people themselves, through the provision of advisory services.

This organization links one of its many volunteers — usually one who is retired — to Indian Band Council Administrations, Native businesses, and aspiring Native entrepreneurs who need advice and support to run their businesses efficiently.

Since its inception in 1967, CESO volunteers have completed close to 4,000 projects in 104 countries around the world. CESO has provided advisory services to 1,622 projects in Canada under the auspices of the Canadian Native Program.

CESO has also become highly visible in matching a volunteer with a particular

client's needs — making sure that both the volunteer and the project benefit. The energy and expertise offered by the volunteers have earned the respect of both CESO clients and the business community at large.

The Financial Post recently praised these retirees as "one of the country's unsung resource bases".

The project in which CESO volunteers get involved are as unique as the Native people who originated them. In the past year or so, volunteers in Quebec have helped modernize the Mingan Band's fishery to bring it up to the standard required by its major customer — the United States.

Two CESO volunteers and four Natives now make up a management team that addresses problems, and ensures the fishery's 65 seasonal jobs remain secure.

In Prince Edward Island, CESO volunteers drew on Native know-how to save hundreds of dollars for a Native-owned peat harvesting company. In addition, sales of peat are up, with 50,000 four-cubit-foot bales shipped to Japanese markets alone last year. The company is now expanding into oyster and blueberry

continued on Page 2



Greetings

... to all our readers from the staff of Native News, and best wishes for a happy and prosperous New Year.

Sechalt Band Ready To Take Reins Of Power

by H. Chapparral

David Crombie, minister for Indian and Northern Affairs, plans to introduce legislation early in the new year that would make the Sechalt Indian Band the first self-governing Native body in Canada in the 20th century.

About a month a half ago, Crombie met with B.C.'s Intergovernmental Relations Minister Gorde Gardom and Attorney General Brian Smith, who is also responsible for Native affairs.

Even though the B.C. government was planning to introduce legislation of its own, Crombie indicated any

new acts would be unnecessary.

The Sechalt Band drafted its own self-government legislation and submitted it to the federal government in February, 1983.

Band spokesmen said the intention of the draft was to develop their own economy without federal approval.

But, because all areas of the Indian Act have yet to be fully defined, talks are continuing on the best way to resolve the disposition of land lease agreements.

Indian leaders believe full title should be in their hands once a lease expires, but the federal justice department is arguing the land should

revert immediately to the Crown when leases expire.

The Band has suspended development projects on reserve lands totalling \$400,000 until a ruling has been made. When title is finally established, plans for several multi-million dollar projects could be in the works.

Caribou Hunters Expect New Legislation

by Sy Sims

Jim Bourque, deputy minister for the Northwest Territories, recently met with Fort Chipewyan residents to discuss hunting privileges for the barren-ground caribou in the region.

Bourque said that while he favors hunting licences for citizens, the issue must ultimately be dealt with through legislation.

"This is a serious matter, and I will be meeting with the legislation committee

which consists of lawyers and the community at large," he said.

Bourque said after the meeting that a quota number will likely be reviewed by the Caribou Management Board. "I am hoping everything will be in place by February, 1986, making it legal for the residents of Fort Chipewyan to hunt the caribou in the Northwest Territories by spring."

Area residents have been hunting the caribou long before the fur industry was spawned. But, in a report

issued by the Chipewyan Band claims increasing population and oil and gas exploration project have reduced the caribou herds significantly.

The Band study had technical assistance from the Treaty and Aboriginal rights research unit of the Indian Association of Alberta. The report is expected to help the legislation committee in Yellowknife prepare a solid argument that should change the law, thereby allowing Fort Chipewyan residents to hunt caribou.





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CESO Expertise

— continued —

harvesting.

The long-abandoned Chinikee sawmill in Alberta once turned out 20,000 feet of lumber per day. CESO volunteers, working with the Chinikee Band, are giving the mill a complete face-lift, hoping to reactivate production and provide much-needed jobs.

CESO volunteers recognized the amazing skills of British Columbia Alkali Lake Native women, and taught them how to become expert Landry hog butchers. "Those women can handle knives better than I've seen in 40 years of experience, skillfully avoiding bones, and leaving knives as sharp in the end as they were in the beginning," said one of two CESO volunteers involved in the project.

CESO volunteers are available upon request to work alongside their Native counterparts in many areas of community life or individual Native development.

Rex Ballard, CESO regional manager for Alberta and the Northwest Territories, said "we expect self-government, training and youth activities to become an integral part of the Canadian Native Program. The scope for using this region's 126 volunteers in worthwhile projects of all kinds, whether on or off a reserve, has never been greater".

Mary Wemigwans runs her own hair salon in downtown Toronto. Mary has had three CESO volunteers share their expertise with her. Once, an accountant, helped her set up a book-keeping system, and still helps with her taxes.

Another volunteer from London, a woman who has three hair salons of her own, helped Mary through the ins and outs of stockkeeping, marketing and advertising.

"At first, it was a little scary," said Mary, a shy woman who came from the Wikwemikong Unceded reserve in Ontario. She is now completely at home in her business. "These people knew so much, and I felt I

knew nothing," explained Mary. But then we started working together, and I realized the only way I was going to make it was to use what they were telling me. I realized people everywhere use each other's knowledge to get ahead. And the people CESO sent me were really nice . . . they really wanted to help . . . and they really liked their work! I think they did it as much for me as for themselves".

Ella Waukey echoes Mary's thoughts. When she started Waukey's General Store in a small Ontario town, she knew it wasn't running as smoothly as it could, and that the location had even more potential than she originally realized. However, this was Ella's first venture, and she found herself in a business quandary.

After contacting CESO, a volunteer arrived and showed Ella how to maximize the store's true potential. On his advice, Ella added a crafts department to sell Native art to tourists. She also applied

continued on Page 3

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LETTER

AN OPEN LETTER:
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I am an immigrant woman.

Consequently, I have not the right to vote.

I thought Albertans did, until I was informed by new Premier Getty via his Inauguration address that they, in actuality, don't.

The new Premier and his cabinet appointees, it seems, will vote for them, whatever they themselves, seem to think.

One of the main reasons I chose to come and live in this country was my Al-ber-tan husband's love of the land he grew up in, with its vast parks and wild forests. He is an apolitical person

and not prone to unwarranted displays of emotion.

But when he began to read what Premier Getty proposes to do with the Kananaskis; well, suffice it to say, he did not continue reading.

The Edmonton Journal of November 5 articulated an elderly (why did he feel he had to remain anonymous?) Edmontonian's feelings on the subject as well; that, "Indian names such as Kananaskis reveal more about the heritage of Alberta than the names of recently retired politicians."

I come from a highly industrialized metropolitan area. I thought that when I came to Canada that somehow, the very presence of

such enormous wilderness areas would serve to unify the people in helping others to preserve it — particularly from the interplay of politics.

In Alberta, it seems, this does not happen.

I can only hope that former Premier Peter Lougheed will see it right to graciously decline this gesture.

If he truly loves the Park and its heritage; as is claimed he does, how can he act any other way?

If not; I urge Albertans and others who care to write and petition all involved in this unreasonable act.

Thank you.

C.L. Carroll

November 6, 1995



To those who support us in so many ways
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Our prayer is that you may experience deeply
the Lord's presence in your life and that you may be filled with
His gifts of peace and joy at this Christmas season.

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Boucher Inquiry Examines Effect Of Drugs

by Jim Crow

A provincial inquiry into the death of William Clarence Boucher focussed its attention on the amount of drugs that were prescribed by three different doctors in the Edmonton Institution, and the effects they may have had on Boucher.

Right from the start of the inquiry, it became clear that drugs, and their effect on the victim, was going to be the foundation of lawyer Burke Barker's arguments. Barker was hired by the Boucher family to see if he could get to the bottom of their son's suicide earlier this year.

Another major piece of evidence introduced at the inquiry, held last month in Edmonton, was the suicide

note left by Boucher. It read:

"What I have done to myself was out of despair. I stole only to survive. I am now in prison, where I have been beaten and homosexually assaulted on repeated occasions.

The help that I need they will not give me; it's what I want very badly. I (did not) mean to hurt those people psychologically. I am deeply sorry for that.

We are all equal in emotions; we hurt and cry,

laugh, love, care, and show understanding. I am very sorry for my action and I know deep down in my heart that God will forgive me for my actions.

Your friend in heart and soul,

Bill Boucher

The inquiry learned that a report done by John Le Cours, and commissioned by Rheel LeBlanc, also focussed on the prescription drugs given to Boucher before his death. Le Cours wrote in his report that "it

appears the seizures, bed wetting, falling out of bed, confusion, hallucinations, paranoia, difficulty in breathing, etc., may well have been drug induced".

The court heard that Boucher did in fact receive a huge amount of drugs, and the Boucher family believes that was the principal reason why he committed suicide.

Gary Boucher, brother of the deceased, felt that the institution should have provided better care for Billy,

and that the drugs given him should have been monitored more closely.

The inquiry was adjourned until January 7, 1986, when testimony will be heard from three nurses, a pharmacist, and possibly several other medical experts.

Groups Support Fur Buyers

by Sy Sims

A confederation of fur buyers, Native leaders, Native Friendship Centre directors and the Hudson's Bay company have joined forces to fight the provincial government's policy on Native hunting and trapping rights.

In a special meeting held in Edmonton last month, the group demanded a written explanation from Alberta minister of wildlife and public lands, Don Spar-

row, denailing the tactics used by wildlife officials to deter fur buyers from purchasing goods from Treaty Indians.

"It's clearly an indirect attack on Native hunting and fishing rights," said Freeman. "The fur buyers are in a catch 22 situation and many need help from the government to fight the association"

President of the Metis Association of Alberta, Sam Sinclair, said his people are

preparing to challenge the government line. "The 35-year-old relationship between the fur trader and Native trappers must be preserved, and I pledge you all our support on this," he said.

The minister of wildlife and public lands refuted charges that the province was trying to restrict the right of Treaty Indians, Don Sparrow said there was no directive or policy in the works to change any of the wildlife legislation.

CESO Expertise

— continued

new marketing techniques and re-arranged the merchandise to make it more appealing. Today, Waukey's General Store & Crafts is a going concern, and profits are way up!

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Minister Not Convinced Extra Funds Needed

by Jim Crow

Provincial Minister of Native Affairs, Milt Pahl, met with representatives of Native Friendship Centres recently to discuss a proposal to recover staff members who were arbitrarily cut from the payroll a little more than a year ago.

In response to a news release issued by the representatives, Pahl said the position of 'referral worker' was cut from the Urban Native Referral Program (UNRP) after a review study indicated the position couldn't be justified.

The news release said in part that "in spite of one-and-a-half years of negotiations, and the concerted efforts of the four Friendship Centres (Grande Prairie, Calgary, Edmonton and Lethbridge), the minister states that there is no flexibility in his budget and that this issue could be better addressed by the minister of Social Services".

Pahl said he is willing to consider new proposals if

the Centres can shed new light on assessing urban Native needs.

Not all Friendship Centres participated when a previous review of urban Native needs was conducted. However, it was pointed out that most Natives responding to the survey didn't rely on Social Services.

Some five years ago, Edmonton was the first city to get involved in a pilot project known as the Urban Native Referral Program. The intent was to help Native peoples identify what government bodies and corporate agencies could benefit them.

Similar programs have now been established in Grande Prairie, Lethbridge and Calgary. These programs are recognized by Natives as the most reliable and helpful source for financial or emotional aid.

Currently, the four centres employ a lone co-ordinator that must cope with an emotionally and physically exhausting schedule. When the UNRP program was first established,

two referral workers were supporting the co-ordinator at each centre.

Currently, the four centres employ a lone co-ordinator that must cope with an emotionally and physically exhausting schedule. When the UNRP program was first established, two referral workers were supporting the co-ordinator at each centre.

The budget for four referral workers submitted to the Native Secretariat asked for a total of \$91,800, which included salaries, training, parking and mileage.

Among the many services provided by the program, medical and educational advice are considered among the most important. Other program services include: recruiting firefighters for the forestry service; shopping for the sick and housebound; locating daycare and babysitters; referrals from other agencies; transporting people applying for jobs; and delivering food hampers throughout the year.

CJS Programs Geared Toward Natives

The federal government's new Canadian Strategy (CJS) includes measures that are both relevant and beneficial to Canada's Native population.

CJS programs are geared towards helping Native people acquire marketable skills. For example, young people who haven't graduated from high school and women who need assistance to re-enter the work force can be helped through the Job Entry program. Under Job Entry, participants will receive training and practical experience in projects lasting up to one year.

The Skill Investment program allows for training of employees so they can keep up with changing technology and skill requirements.

Those people unemployed 24 of the last 30 weeks can take part in employment/training projects under Job Development. Projects can last up to a year, and combine both on and off-site training. Projects for the severely employment disadvantaged may be permitted to operate

up to 36 months.

Employers will receive wage subsidies and funds towards training costs. Canada Employment Centre counsellors will assess individual training/job experience opportunities and place people in projects for which they are best suited.

The Skills Shortage program enables participants to take full or part-time training both on and off the job.

Communities that have only one major employer often face disaster in the event of large lay-offs. Community Futures is designed to help communities facing large lay-offs, chronically high unemployment or economic decline to anticipate change and assist in developing their growth potentials.

The Innovation Program provides funding for projects that test new solutions to labour market-related schemes. These solutions would be of long-term benefit to all Canadians. Ideas or approaches that deal with employment equity will receive particular attention.

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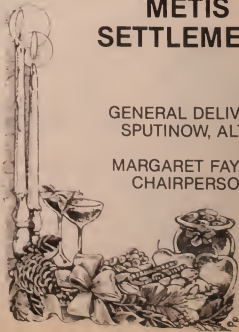
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Canadian Jobs Strategy and Natives

The federal government's new Canadian Jobs Strategy (CJS) includes measures that are of relevance and benefit to Canada's Native population.

Its programs and concepts are geared towards helping Native people facing the problems of unemployment and/or lack of skills. CJS is also designed to ensure equitable participation in all its programs.

Young people who haven't graduated from a post-secondary school and women who need assistance to enter or re-enter the labour market, can make the transition to work through the *Job Entry* program. Under *Job Entry*, participants will receive training and practical experience in projects lasting up to one year.

The *Skill Investment* program allows for training of employees so they can keep up with changing technology and skill requirements. Three training options are available:

1. Employers can be reimbursed a percentage of employees' wages during on- and off-the-job training;

2. Employees can be paid a percentage of wages jointly by Skill Investment and the employer if they go on full-time training leave;

3. Unions or employee associations can establish training trust funds to pay for members' future training and skill development.

People unemployed 24 of the last 30 weeks can take part in employment/training projects under *Job Development*. Projects can last up to one year and combine on- and off-site training as required. Projects for the severely employment disadvantaged may be permitted to operate up to 36 months. Employers will receive wage subsidies and funds towards training costs. Canada Employment Centre counsellors will assess individual training/job experience opportunities and place people in projects for which they are best suited.

Wage and training subsidies are also available if employers wish to train staff in skills of high demand. The *Skill Shortages* program enables participants to

take full- or part-time training both on and off the job.

Communities that have only one major employer often face disaster in the event of large layoffs. *Community Futures* is designed to help communities facing large layoffs, chronically high unemployment or economic decline to anticipate change and assist in developing their growth potentials.

The *Innovations* program provides funding for projects that test new solutions to labour market related

programs. These solutions would be of long-term benefit to all Canadians.

Ideas or approaches that address employment equity will receive particular attention.

Employment Equity plays a large role in the CJS. The new programs have been specifically designed to ensure that target group members are provided with a greater share of employment opportunities through them than there has ever been before.

The CJS also calls for the

establishment of community-based Local Advisory Councils as an approach to solving local labour market problems. They'll assist in establishing levels of target group representation in each area and help ensure these levels are achieved.

Many people had to refuse training in the past because the courses were too far from home. Living-away-from home allowances, often considered too small, have been increased to allow more people to go to other areas for courses.

Family Housing Units Open

Eleven single-family homes have been built on the Cold Lake Reserve with federal government assistance.

The Cold Lake Indian Band received approximately \$131,200 for the development from Indian and Northern Affairs Canada. The remaining capital cost, \$607,200, was met with 15-year loans obtained from Peace Hills Trust Company and First City Trust Company. The loans are guaranteed under the National

Housing Act by CMHC, Canada's housing agency.

Federal assistance to these on-reserve rental projects, which will also take the form of maximum annual subsidies, is to help make rent payments more affordable for the low-to-moderate income residents. The subsidies will effectively reduce the interest rates on the loans to as low as two per cent. The total federal contribution to the projects, under the present contract

terms, could amount to more than \$880,000.

The dwellings are all three-bedroom, single-family bungalows.

The Cold Lake Indian Band which has 1,075 members is responsible for the day-to-day administration of the housing unit.

The Cold Lake Reserve is located approximately 12 kilometres southwest of Grand Centre and 283 km northeast of Edmonton.

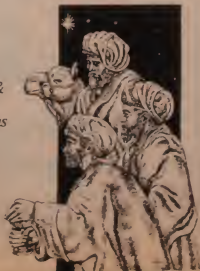
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Ministers Say No

After one year of waiting for an answer from Alberta Minister Neil Webber, The Alberta Native Women's Association received a final answer in its request for funds to conduct needed workshops for Alberta's Native women. The answer delivered in a meeting with Social Services Minister Webber and Native Affairs Minister Milt Pahl on 24 October . . . was a loud and clear NO.

The Native Association, representing 2000 women and 70 chapters across Alberta, has asked for funds for workshops to get non-Native people aware of the cultural needs of Native people. Other parts of the proposal dealt with an employment program for native social workers, and a strengthening of Native foster parents and group home workers.

In the conference, held at Dr. Webber's office, the Minister said that ANWA should stick to "advocacy and education" and keep out of trying to deliver services.

Loro Carmen, ANWA president, told the Ministers that the association was frustrated in having to deal with a male dominated legislature, male dominated ministries, and male dominated Chiefs and Councils and organizations. Holding firm to their position, however, Baldwin Reichwein, Native program specialist for Social Service, indicated that the department was clearly in control through the local systems across the province.

Milt Pahl, in his role as Native Affairs Minister, however, seemed to sense that the women's group might have one positive virtue. "If you want to get it done, get the women", said Pahl. Yet, when it came to providing funds, both Ministers trusted their own government bureaucrats rather than the grass roots chapters of the women's association.

Another proposal sub-

mitted by ANWA four months ago asking for funds to conduct provincial wide education and awareness programs to inform Native families of programs and services which were available to them was also not approved.

"Native people", said Carmen, "want to work with a system they can get some response from without having to beg. Yet when we come to the highest levels of government, they don't admit that our women are being beaten, or our children taken away. They can't seem to accept that unemployment destroys families."

The women's association has stressed in its recent activities that it wants to strengthen Native families. "We are a provincial association" remarked Donna Weaselchild, Blackfoot Native of Calgary and association treasurer, but we have only two paid staff. The women are demanding that we help them, but how does government expect us to help our own when we don't even have expense money. Volunteerism might be a great idea for the sub-

sized wives of working middle-class people, but most of our members are too poor to attend a conference across town."

The Native Women's association is partly funded by the federal Secretary of State, "but there aren't enough funds to plan and operate for a provincial association. Maybe they want us to fail", says Carmen.

"We are going to turn to the public to help us in this cause. It's too bad that we have to be political, but what is our choice. We don't want to embarrass the government, but they have to listen to the grass roots people", said president Carmen.

"In the last few months we have been into a public relations and awareness campaign, *PROJECT: GO*. Our membership is nearly 2000 and we are growing daily.

Native women, it would seem, have identified social services, training and education, employment and economic development, as their priorities. They want happy marriages and stable families. Two thousand women

in 70 communities have asked the Native women's association to set up regional offices and staff to assist them in solving their problems.

"Our patience is wearing out with politicians that promise much and deliver little, and with programs that bog us down in paperwork and delay," said Weaselchild.

"A Minister who says that welfare provides enough for poor people: commented President Carmen, "obviously doesn't understand that hunger and hopelessness are not enough. For us, poverty is not a sometime thing that came along because the oil industry is in trouble. We have five generations of government promises . . . each new administration asking for a new beginning. Trust us they all say".

"Well, let me tell them . . . we have a new beginning too. Native women are joining forces with all the other oppressed and hurting people in Alberta. Our struggle has just begun and they will be hearing more from us" Carmen promised.

Season's
Greetings



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very merry Christmas.
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to you and yours"*



Native Businesses Win Sizeable Contracts

by Jim Crow

Three Natives businesses have been awarded contracts to do preliminary feasibility studies for a Native Business Summit Conference and Trade Show to be held next June in Toronto.

This event is considered by the Department and Indian and Northern Affairs as an integral part of the government's response to Indian communities requests for economic development initiatives. The contracts will also help create jobs and investment through the private sector.

The original concept to hold such an event resulted from ideas brought forward at the National Economic Conference held in Ottawa last March at the invitation of the Prime Minister.

At that time, Native business leaders proposed that a forum be established to bring together Native and non-Native business people.

Following the conference,

DIA Minister David Crombie met with a number of Cabinet colleagues and Native business leaders. A consensus emerged that he should take the lead in exploring the concept further.

Subsequent discussions lead to the idea of staging a conference and trade show that would be organized and operated by an independent group comprised of Native and non-Native private sector businesspeople.

DIA spokesman reported that senior department officials entered into discussions with firms capable of undertaking a feasibility study. Onchiota Corporation's Rick Maracle and Ann Noonan have wide experience in working with Native businesses across Canada. Tony Belcourt of Seneca Communications has expertise in Native advertising and marketing. He was also a coordinator of the economic conference of the World Assembly of

First Nations.

The third firm, Argyle Business Consultants, was selected because of the reputation of Messrs. Bill Marshall, Mike McCable and Henk van der Kolk in developing and organizing major events. These include involvement with Toronto's firm festivals; the Conference of Major Cities; and the design of pavilions at the Canadian National Exhibition.

Each firm received initial contracts of \$15,000, and a

following sum of \$50,000. The funds were used to undertake feasibility studies, pre-production plans, and activities related to the Summit organization and the establishment of its sponsoring body.

Several months ago the federal Cabinet endorsed the concept and authorized an expenditure of up to \$2 million. The Department of Indian Affairs and Northern Development's share has been capped at \$1.5 million.

Natives Dubious About Minister's Visit

by H. Chapparral

The Hobbema Band of Alberta doesn't believe personal visits by the Minister of Indian and Northern Affairs, David Crombie, will help bring major improvements to their reserve.

Chief Art Littlechild of the Ermineskin Band at Hobbema, said he didn't

even allow Crombie to tour the reserve because the Minister would only look over "established areas". Littlechild then intimated that Crombie would go back to the federal government and say the band looks to be in good shape. "He should be going out to our reserve to see the overcrowding and housing problems we have," remarked Littlechild.

Crombie's press conference last month was boycotted by the Ermineskin Band after the 12-man council voted against attending.

Littlechild said his band is particularly upset about the passing into law of Bill C-31. "There was unilateral legislation on the bill. The government didn't take an in-depth study on Native concerns, and we still feel angry about its passage."

Another acute source of concern for the band is the lack of teaching staff. "One of the things Crombie won't be seeing is our shortage of teachers. We have 266 pre-schoolers here, and a staff of six for all of them. We are asking parents to volunteer their help, but the government should either pay those parents, or get more staff in for us," said Littlechild.

**May the Joy and Spirit
of the season be yours
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CYI Member Band Demands More Action

by H. Chapparral

Chief Paul Bircel of the Champagne/Aishihik Indian Band is still threatening to pull his people out of the CYI if quicker progress isn't made in the land claim issues.

Bircel indicated that if nothing substantive happens in the short term, he'll begin looking at other options, including going it alone. "We just can't sit around and talk about doing something and then not do anything," he said.

The Champagne/Aishihik Band and the Old Crow Band had made a previous threat to leave CYI not long ago, but were eventually talked back into the organization. However, Bircel

says this time it will take nothing less than restarting full negotiations with the federal government to keep his band from leaving.

Currently, the federal and territorial governments, in conjunction with CYI, are in the process of putting together a memorandum of understanding that will hopefully lead to full negotiations.

CYI's Vice-chairman for land claims, Alberta James, said the process can't be hurried along simply because there are three parties to the negotiating table. "People should understand the process is a long one," he said.

Interim Chairman Mike Smith echoed James' explanation, but Bircel isn't buying the argument.

"At the General Assembly, people were accusing me of getting everything when we weren't getting anything at all. The people who were pointing the finger at us were believing CYI and not us. I think those are the things that really touched this whole thing off,"

explained Bircel.

While Bircel wishes the CYI would step up the action, James said there are a lot of issues that need to be further developed, including the constitutional process and the federal task force on claims policy review. James did claim, however, that the

CYI has never been in a better position. "In fact, we are in an area where we can pretty well call the shots", he added.

James said he hopes to hear from the two governments very shortly now about their views on the present CYI position.

Finally - A Meeting Between NWT Leaders

by Al Shapiro

The first meeting in seven years between the two territorial government leaders finally took place last month, with both agreeing that the voyage of the U.S. icebreaker Polar Sea constitutes a threat to Canadian sovereignty.

Richard Nerysoo, government leader for the Northwest Territories (NWT), told the prime minister that he and his government should "take a stronger position on sovereignty". The 32-year-old Native leader also indicated that "there is a danger for people in this part of the world to be forgotten".

Yukon government leader Tony Penikett expressed concern about the relationship between Canadian and American governments. "There's no question it potentially has a threat to our sovereignty," he remarked. "That would not normally happen between friendly governments without some kind of consultation".

The Polar Sea began its mission through the Northwest Passage on August 1 without formal permission from Canada's government. There are reports that the ship is performing military operations.

Several weeks ago, Mul-

rony said permission had in fact been granted to the U.S. vessel, but many critics believe it was a face-saving manoeuvre. Two Canadian Coast Guard captains have been on board the ship as observers, and both said the trip was going very well. The Polar Sea has since moved out of Arctic waters, and the Canadian boundary.

Boundaries, however, are

interpreted differently in both Canada and the U.S., and within the two territories.

Other important issues discussed by the two NWT leaders include resource development of the Beaufort Sea region, and proposed amendments to the NWT Act, which would give the NWT government powers to tax man-made islands in the Beaufort oil fields.

Territories Prepared For Affirmative Action

by H. Chapparral

Darryl Bohnet, Director of the equal employment Directorate, feels optimistic about the new affirmative action policy of the Government of the Northwest Territories.

Bohnet was elated when he found out he has the support of two public service unions on the issue. Without that help, he said, implementing the hiring of qualified Native people within the public service would be impossible.

The director is planning a public information campaign about Native employment by the end of this year. Currently, he and his small

crew of three are moving slowly and cautiously.

The GNWT has set its affirmative action policy in place for the next five-year period. After that time, the policy will be assessed and reviewed to determine what changes should be made.

Presently, the Directorate is looking at ways to provide for upward mobility of Natives. It's expected more and more Natives will be hired within each department because of natural attrition, transfers, and the creation of new positions.

Bohnet denies the Directorate is planning to hire Natives solely because of their ancestry. "It is not the intention of the Directorate to hire Natives who are not qualified; that wouldn't accomplish the objectives of the Equal Employment Directorate," he said.

In order to provide the government with qualified Native candidates, the Directorate will be keeping tabs on the number of graduates from schools in the Northwest Territories.

A Christmas Message

It is hard not to think about the approaching holiday season as the mercury plunges and snow piles up on our doorsteps. The frosty air and crunch of our footsteps call to mind the pleasure of a warm stove, good friends and good food.

This festive time is also a good opportunity to reflect on the enduring message of Christmas that of caring and sharing together. The concern we show one another brings special joy at Christmas. But, you know the spirit of Christmas is present year round. It is in the thoughtful way Elders pass on the wisdom of their generation; a mother's guiding hand with her children; a father's efforts to be a good provider for his family and so much, much more. Perhaps if we take a moment to consider the small, yet meaningful blessings life presents, we will find ourselves experiencing feelings of peace and goodwill towards all men. Christmas will be in our hearts.

May each of you have an especially merry Christmas and prosperous New Year.

Look out for your neighbours and help ensure that this holiday season is a healthy, happy time for all.

Milt Pahl

Milt Pahl,
Minister Responsible
for Native Affairs

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Manitoba Metis Hire Top Lawyer

Thomas Berger, the B.C. lawyer who built his reputation by representing Native land interests, has joined the fight with Manitoba Metis bands in a renewal bid to acquire property promised them long ago.

Berger said the Metis face "the shameless greed of speculators and the neglect of government," in an address to the 17th annual assembly of the Manitoba Metis Federation (MMF) several weeks ago.

Berger's first involvement in Native rights occurred about a decade ago when he was appointed chief justice in the Mackenzie Valley Pipeline Inquiry. In September of this year, he was hired by the MMF to pursue land claims on their behalf.

MMF president Yvon Dumont alleged that both the provincial and federal governments used "chicanery and deceit" to "grab land from their Metis ancestors. Berger echoed Dumont's claims, remarking that the Metis were cheated from their land by "the failure of the federal government to carry out its objectives

towards the Metis under the Manitoba Act, and by provincial legislation designed to undermine the Metis land claims."

Berger felt the Metis in Manitoba have a very strong case, firmly rooted in

legal and constitutional propositions. The strength of Metis litigation, according to Berger, resides in the fact that the Manitoba Act of 1870 is a constitutional instrument.

Under sections 31 and 32

of the act, assurance was given that those Metis who occupied river lots would be granted title to the land. In addition, the act provided for the setting aside of lands (1.4 million acres) for future generations.

Yvon Dumont said a 'statement of claim' will be issued in several months, and that he and his colleagues are preparing to take it all the way to the Supreme Court of Canada, if necessary.

Vital Information About Natives Now On Computer

The Intergovernmental Committee on Native Employment has announced the development of a new data base system containing a bibliography of publications and video cassettes relating to Native people.

The objective of this program, the Native Research Information System (NRIS), is to provide a single reference source of government and non-government reports and publications in the area of Native studies.

The data base is available to all government departments, research institutes, and anyone interested in Native information.

NRIS represents the co-operative efforts of 14 provincial and federal government departments. In May,

1984, both governments recognized the need for a comprehensive catalogue of research related to Native people. Currently, more than 700 records exist in the new system, primarily in the area of demographics, economic conditions, education, labour force status and activities, and migration.

Other topics include family relations, social ser-

vices, health care, housing, land tenure, personal support systems, and property and Treaty rights.

The program was developed on the University of Alberta's computing system, using the SPIRES data base package. It is an interactive system which allows the user to search and retrieve information stored on the computer. The

advantage of using SPIRES is that it allows researchers to access the bibliographic data base from anywhere in Canada by advanced telecommunications procedures.

Anyone interested in using the new system must first obtain a U. of A. computer account by contacting the school's Computing Services Department.

City Ready To Annex Lands

The city of Edmonton has plans to annex at least three sections of land from the Enoch Indian Band for a development that would house more than 20,000 people.

Mayor Laurence Decore noted recently that long-term plans call for a 5 km by 1,500 metre strip of land on

the west side of Winterburn Road to eventually be brought into Edmonton city limits.

A city executive committee tabled approval for the development and Decore said it would almost certainly be adopted. Decore also remarked that the city didn't have much choice

anyway because the band was intent on developing the land "one way or the other." If we didn't have an agreement with the Enoch Band, then you'd probably end up with a separate community with no transportation links, suitable land fill sites, and so on," said Decore.

*Sincere and friendly wishes
for Christmas
and the coming Year*



*May love and peace light
your way this Christmas!*

*Chief Hammond Dick
Council and Band Members*

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R-2000 Homes set a new standard

The home of the future is springing up today, all across Canada. It looks very much like any other conventional home, but it's designed and built to cut heating costs by as much as 70 per cent. Called the R-2000 Home, it is gradually changing the face of our building industry.

In 1980 the Government of Saskatchewan, the National Research Council and Energy, Mines and Resources Canada collaborated on the construction of 14 super energy-efficient homes. They featured:

more super energy-efficient homes.

A year and a half of planning and study between Energy, Mines and Resources and the Canadian Home Builders' Association (CHBA) produced the R-2000 Home Program, carefully tailored to the needs of homebuyers and the industry. It was clear the builders needed information and training. With a basic understanding of the principles of how to keep the heat in and familiarity with some innovative building techniques, builders can modify

In addition to the features of earlier designed for super energy-efficient homes, each R-2000 Home must:

- conform to specified space heating requirements based on the size and location of the building;
- have a properly installed vapour barrier to protect the building structure and prevent air-leakage;
- have a mechanical ventilation system to ensure that the house air is regularly replaced with fresh outside air at a rate of 0.5 air change per hour;
- be able to control any extra heat gained from south-facing windows;
- have insulation totalling a minimum of RSI 3.5 in the exterior walls; and
- be constructed so as to permit monitoring of the house and its systems so that the industry can evaluate the performance of each house.

Some 1500 builders have attended 1500 R-2000 Home training seminars. They have been introduced to HOT2000, a computer program that can help them assess and improve their designs. It can predict the amount of heat a house will lose through the walls, roof, windows, doors and basement, and estimate the heat gained from the sun, appliances, lights, hot water and the occupants.

As well as providing detailed information on design and construction techniques, the training seminars provide information on marketing and business management. Many builders are enthusiastic about R-2000 Homes. "The idea of improving on each design is a challenge to a lot of builders," says Henry ten Den. "Our association wants what's good for the industry — and want to improve the quality of the homebuyer's life."

design details of almost any home to meet the R-2000 Home standard of energy efficiency.

The R-2000 Home Program does not insist on specific building techniques, but the homes must meet its energy performance standards. "This approach was chosen because it encourages innovation," explained Henry ten Den, of the CHBA. "Our members have come up with ideas we would never have predicted. Having seen the results, we and our government partners are now even more convinced of the correctness of our approach."



- thicker walls and ceilings to hold more than twice the usual amount of insulation;
- a continuous air-vapour barrier to ensure air-tightness, less heat loss and reduced drafts;
- controlled ventilation, mechanically moving stale air out and fresh air in; and
- double- or triple-glazed windows with a minimum of 12.5 mm between the panes. Most windows were placed to catch the sun in winter.

The new houses were met with great enthusiasm and the federal government announced its intention to encourage construction of



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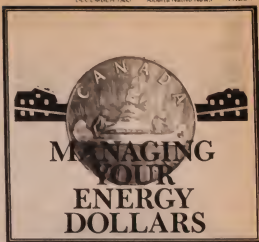
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A guide to conservation terminology

If you've been looking at ways to save energy in your home, you've probably come across some terms that are unfamiliar. Whether you are heating with firewood or trying to eliminate drafts, the following list should explain some conservation terminology.

An **air-vapour barrier** is used to prevent relatively moist house hold air from entering the building envelope. It should be a continuous layer of a material that is impervious to vapour and air and must be placed on the heated side of the insulation. The most commonly used barrier is polyethylene film. The recommended thickness is 0.15 mm or 6 mil.

The **building envelope** is all floors, walls and ceilings that separate the living space from unheated areas or the outdoors.

Coefficient of performance (COP) is the heat output of the

heating unit divided by the energy input at a specific temperature. The higher the COP, the more efficient the heating unit. An appliance with a COP of 3 delivers the equivalent of 3 watts of energy for every watt consumed.

Downsizing — Most heating systems are oversized for the houses they heat and this results in substantial efficiency losses. A system with a lower heat output will cost less to operate.

Draftproofing — your home involves reducing air leakage through sealing the structure. The terms 'airtightening' and 'weatherstripping' are sometimes used to refer to this operation.

An **efficiency test** is available for an extra charge as part of your annual furnace service package. The test should include a smoke test of flue gases, draft

continued on Page 13

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Bursting the balloon on conservation myths

Sometimes the people with the best intentions make the worst mistakes. Energy efficiency around the home is one area where good intentions can go a long way to reducing energy bills. Sometimes, though, those good intentions are based on myths and misconceptions. These straightforward answers about home energy efficiency should set the record straight.

- **Turning a fluorescent light on and off wastes more energy than leaving it on all day.**
A widely held belief about fluorescent lights concerns the

energy used in turning them on and off: the fluorescent lights must be turned off for at least half an hour before the energy saved equals the energy used to energize it in the first place. People argue that you should not turn off the lights when leaving a room for short periods.

In fact it takes less than a second for a turned off fluorescent light to save the amount of energy required to turn it on again. As a rule, if fluorescent lights are not going to be needed for five minutes or more, switch them off.

- **Turning the hot water heat off at night is a valuable energy saving habit.**

It is more practical to maintain the hot water tank at a set temperature than to reheat it every day. There are better ways to save energy dollars. One simple alternative is to lower the temperature setting on the heater. This alone can result in energy savings of 5 to 20 per cent, depending on the temperature drop. A fixed setting of 43°C should result in notable savings. Some people choose to keep the setting as low as 38°C. Remember, though, that a dishwasher requires a higher water temperature setting to be effective.

Insulating the heater and the piping is another realistic way to save energy and money, especially if the water tank is located in an unheated space such as a cold basement.

There are two types of heater insulation. One is a simple-to-install tank blanket; the other is strip insulation. Either is appropriate for gas- and oil-fired heaters, but controls, junction boxes, air inlets and the top and bottom of the tanks should be left free of insulation. Covering a gas- or oil-fired heater's control box is a dangerous fire hazard.

Insulating an electric heater without first having it inspected by a utility representative is not recommended. If you are renting an electric heater, the utility may install a blanket for you.

- **Insulated shutters and blinds are too expensive to make the**

energy savings worthwhile.

Custom-made insulating shutters and blinds can be expensive, but there are many cheaper do-it-yourself varieties. Some shutter kits, for instance, cost less than \$30. An even cheaper solution to the expensive shutter is a removable foam board pop-in, cut to the size of the window and weatherstripped along the edge for a tight fit.

Insulated curtains need be no more than in-place heavy curtains sealed tightly to the wall and window sill with special tape. Or sew in energy savings by adding a layer of insulating material between the fabric and the backing. Insulation values can range from a high of RSI 1.25 (R7) for a well made shutter to RSI 0.19 (R1) for insulating drapes.

- **To be cost effective and keep out cold winter drafts, insulating shutters and blinds should be closed day and night.**

Interior window insulation helps stop warm household air from seeping into the night air, but it should always be opened or removed during the day, for two important reasons. In the first place, uncovered windows on all but northern exposures take advantage of passive solar gain during daylight hours, allowing the sun's heat to warm the house. Second, when the blinds or shutters are left closed day and night, there is a danger of heat buildup between the glass and the window covering. The windows may

overheat, sometimes stressing the glass to the breaking point.

- **Keeping a furnace fan running continuously during winter months creates cold drafts and wastes more electricity than it saves in home heating fuel.**

The answer to this statement is not quite as cut and dried as the others. Expert opinions vary, but for the most part keeping the fans running on low makes sense. Here's why.

Furnace fans continually recirculate room air through the ducting and the furnace, spreading heat evenly throughout the house.

Energy savings result because the continuous air circulation not only extracts more of the heat produced by the furnace, but also makes efficient use of trapped household heat from such localized sources as lights, cooking, laundry, showers and solar heat. Instead of being left to overheat certain rooms, warm air is evenly distributed throughout the house, raising the general temperature. The end result is that the furnace turns on less often and the homeowner saves fuel.

The added electricity cost to run the fan continuously is about \$3.30 per month, or less than \$25 for the heating season, a cost that will likely be recovered in fuel savings. People sometimes complain of cool drafts from the fans but that is simply because room temperature air in motion feels cooler; in fact it isn't. But let your comfort be your guide.

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Terminology

— continued

test, carbon monoxide measurement, flue gas temperature test and furnace efficiency calculation. The results should then be explained and recorded on the furnace service record.

A hybrid or two-fuel system is a system that uses two or more fuels to get the best balance between economy and convenience. Any number of conventional and nonconventional fuel sources may be combined.

Retrofitting — Simply upgrading an existing house or heating system to improve its energy efficiency. This may mean adding insulation, caulking, weatherstripping, adding or improving storm windows or doors, upgrading furnace components, or taking various other energy-saving measures.

RSI or R value is a precise measurement of a material's resistance to heat flow. The higher the resistance value, the slower the heat will escape through the insulating material. The RSI value is stated in large letters on the corner of most packaged insulation. RSI is a metric value; R is an imperial measure. To convert RSI to R, just multiplies the RSI value by 5.7. To convert R to RSI, divide by 5.7.

Sealants are used where a gap must be filled between two surfaces that move relative to each other. Sealants include caulking and polymeric foams.

Seasoning — The moisture content of firewood has a major

effect on the amount of heat released when the wood is burned. This is because part of the energy content of the wood is consumed when the moisture is vaporized. Wood that is dry enough to burn well has cracks in its end surface. Generally, the bigger and more numerous the cracks, the drier the wood.

There is a difference between a furnace's steady state efficiency and its seasonal efficiency. Steady state is reached when the furnace has been operating long enough for all components to reach optimum operating temperature. Seasonal efficiency is the overall measurement of performance through all on and off cycles required to meet demands for room heat. This is the true measure of how a furnace will operate in real life. Steady state efficiency forms the basis for the efficiency ratings assigned to new products but the furnace's seasonal efficiency may be substantially lower. Natural gas furnaces have a steady state efficiency ranging from 55 per cent to 95 per cent.

A thermal break is a piece of plastic, wood or insulation in the centre of a window frame which does not readily conduct heat.

Tuning involves rebalancing, cleaning and testing a heating system to improve combustion efficiency.

Weatherstripping and **emulating** prevent the free flow of warm air from the inside to the outside of the house, or cold air from the outside in, by sealing cracks and small openings that allow drafts. Weatherstripping is applied to any joint where two surfaces meet and move relative to each other (doors and windows in particular). Caulking is used where two surfaces meet but don't move.

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Anonymous Santa's

by Gerry Silk

Christmas is the time of year children look forward to with eager anticipation. They know that Saint Nick will arrive while they sleep through Christmas eve and leave presents for all.

But for some children there will be no joy, no gifts. Only bitter disappointment. It is for these children, that organizations like Santa's Anonymous exist. They try hard every year to put the joy back into Christmas for as many children as possible.

Santa's Anonymous was started in 1955 by a man named Jerry Forbes. Since its beginning, Santa's Anonymous has put delight in the hearts of many children throughout Edmonton. People like Danny Kaye of CHED radio and countless other volunteers make Santa's Anonymous



successful every year. This is done with all the unwrapped toys donated by the generous people of Edmonton and surrounding areas.

This year Santa's Anonymous needs 15,000 or more toys for the children of Edmonton. Now, as it's been mentioned, all of these toys must come from donations. So on

behalf of Alberta Native News and Santa's Anonymous, we would like to appeal to your sense of goodwill for help. While you are doing your Christmas shopping, stop and think about those less fortunate than yourself. Then buy a toy and donate it to Santa's Anonymous.

It is so easy to do. There are col-

lection centre's at all major shopping plazas just waiting to accept your donation of a toy with a cheerful, Thank You.

You Can Make A Child Happy This Christmas!

Now for those of you with a vehicle, Santa's Anonymous needs volunteer drivers to deliver the gifts to the families who need them. For this you will get something very special. You will get to see the smiling faces of the children you are helping to have a Merry Christmas. This is also easy to do. All you have to do is phone CHED radio at (468-6300) around December 17 and say, "I want to help".

Remember, Santa's Anonymous can only operate with the help of volunteers.

WANTED: Good Sports For A Good Cause

The Friendship Centre is looking for the biggest fishes we can find in this small pond called High Prairie. We need Good Sports who like

homemade cream pies — at close range. The Good Cause is the Northern Alberta Children's Hospital Foundation and the fundrais-

ing event is the First Annual Friendship Centre Charity Pie-Throw.

This event will take place in conjunction with our Christmas Cabaret featuring Laura Vinson and Redwyne at the New Elks Hall on December 14. The pies for each of our Good Sports will be auctioned off the highest bidders during the first two band breaks at the dance. The successful bidders will then hurl their mushy missiles at their favorite targets, one at a time, from the least to the most expensive during the third and final breaks.

The Good Sports will have a sporting chance (sort of), because the "Firing Line" will be ten feet from the protective screen through

which the target face will protrude. Microphones and video cameras will record the hilarity of that special moment when pie meets face, and Northern Alberta will be one small step closer to a specialized Children's Hospital facility.

Watch for announcements as more and more of our local Good Sports for Charity step forward to "bite the (banana cream) bullet. Start saving the egg money now so you can bid on your favourite's pie and settle that old score, once and for all.

Tickets for this gala affair will be on sale soon at the Friendship Centre. \$10 per person for members and guests only.

*Merry Christmas &
A Happy New Year To All Friends
from*

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**CHIEF: Raymond Quinney
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History of

The John Howard Society Of Alberta

The organization takes its name and its spirit from the 18th century humanitarian John Howard whose name has become a symbol of humane consideration for the incarcerated individual.

Since it is a fundamental belief of the John Howard Society that crime is a community problem involving citizens other than offenders, it is particularly significant that John Howard was himself a voluntary and unofficial inquirer into the subject of 18th century prisons and prisoners.

Howard's career as a prison reformer truly began with his appointment in 1773 as Sheriff of Bedford, a post of honour usually reserved for men willing to do its repugnant duties by deputy. With this appointment, Howard began his 20 year labour to ameliorate the terrible conditions of the prisons and prisoners of his day.

Through extensive visits to almost all the prisons in Great Britain and Ireland he collected the data that became his famous report

"On the State of Prisons in England and Wales". This report, which painstakingly documented the wretchedness of contemporary prisons in great detail, has been described as the first successful attempt to arouse public opinion, independent of class or order, to concern on grounds of justice and humanity about the treatment of a large class of people. This report and Howard's subsequent writings were successful in drawing attention to the subject of prisons so that various regulations were instituted that, in time, remedied some of the more obvious evils of the system.

John Howard has been described by his various biographers as possessing qualities of common sense, courage, enterprise and resolute determination. He was a man of action rather than of thoughts or words — not so much a propounder of schemes of social improvement, as an explorer who brought the deplorable state of prisons to the public's attention so that it

could be acted upon.

The example of John Howard, an involved private citizen, reflects the credo of the John Howard Society that there cannot be an effective attempt to deal with the problems of crime without citizen participation.

The John Howard Society of Alberta was formed on September 15, 1947, largely due to the influence of the late George B. Henwood, O.B.E., Q.C., who developed his interest in forming the Society from his personal experience as the former deputy Attorney General of Alberta. With the organizational support of the Edmonton Council of Social Agencies, the Society chartered under the Companies Act (of Alberta) and was incorporated on April 11, 1949.

The Society was formed primarily to relieve distress of ex-prisoners returning home on their release after having paid their debt to society. At this time the John Howard Society functioned entirely through the

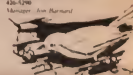
support and work of volunteers. It became imperative later that professional staff were needed as back-up resource people, as volunteer involvement increased and the demand for professional counselling services became apparent.

Programs of the Society now include:

- Halfway Houses (Edmonton and Calgary)
 - Bail Supervision (Edmonton and Calgary)
 - Parole Supervision (All Districts)
 - Probation Supervision (All Districts)
 - Juvenile Alternative (Lethbridge and Grande Prairie)
 - Criminal Justice Education (All Districts)
 - Counselling Referral (All Districts)
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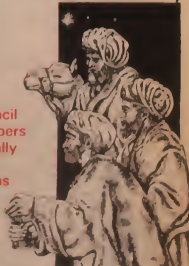
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Yukon Hunters Claim Discrimination

Sport hunting by non-Native northerners could be wiped out if an interim wildlife agreement receives approval from the federal government.

The Yellowknife Sportsmen Hunters and Trappers Association said the interim agreement would give Natives control over a good part of the recreation lands in the region. A spokesman for the Association said his group was also miffed over the secrecy surrounding the agreement. The Yellowknife club wasn't aware a document was in the works until the fisheries minister expressed concerns about signing it.

A number of Yellowknife members were taken aback

when they found out the document had evolved this far along without any local input from interested organizations and citizens. Members have been attempting to get a copy of the interim agreement for more than a year now. It was only several weeks ago that a copy finally arrived on the desk of the Hay River chapter.

One Yellowknife sportsman said he'd leave the area if his principal leisure activity was denied him. Barry Taylor said many other residents would likely follow his move if hunting and fishing rights were severely curtailed. Taylor also indicated the pending legislation could create a backlash by whites.

Taylor commented after reading the 55-page document that it was "becoming obvious sports hunters' days are numbered".

ment that it was "becoming obvious sports hunters' days are numbered".

The agreement would give Dene-Metis peoples the right to harvest all species and populations of wildlife within the areas settled by land claims. The document is expected to form a major part of the upcoming land claims agreement. Natives can hunt any time of the year under the agreement.

But the agreement does provide rights for whites to hunt as well. Resident non-Natives will have to apply to a Dene-Metis local council for permission to hunt, however. The council would have the power to establish conditions with respect to species, quantities, seasons, methods, location and duration of harvesting.

The Dene-Metis would also have the right to give, trade, barter or sell all edible wildlife products harvested by them to their own people, or to those residing adjacent to the settlement area. There is no mention of non-Natives in that specific clause.

There's a lot of unease about the fact that land claims for Natives in the area have yet to be determined. But non-Native hunters are most upset by the fact they have no say in the matter. And Yellowknife club members take great exception to the objective in the agreement which gives the Dene-Metis "certain exclusive, preferential and other harvesting rights and economic preferences".



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Chimney checklist

—ENERGY—

DECEMBER 1985 Alberta Native News PAGE 17

Every householder knows that regular service and maintenance of heating equipment is the key to economy and safety. What is easy to forget is that the chimney is a critical component, whether you heat with oil, natural gas or wood.

Take a look at the following checklist. If your chimney or your maintenance practices do not match this profile, seek advice from a qualified professional.

All chimneys must be installed with safe clearances to combustible building components and materials.

For safety and long life the chimney should be properly sized. Ideally it should be the same size as the flue pipe that connects it to the heating appliance.

Multiple connections to the same chimney can be dangerous. Never connect two or more heating appliances to a single chimney without an inspection by the appropriate authority in your area.

A chimney located inside a house will perform better and require less maintenance than one located outside. Masonry chimneys with surfaces exposed

both inside and outside have the greatest heat loss.

Adequate clearance (contact your local building inspector) from the roof and nearby obstructions is essential to good performance, as air turbulence creates uneven chimney draft.

Regular inspections are a must, no matter what fuel you use. You should check for loose mortar between the bricks; rust, sulphur or creosote stains on the chimney surface; or loose bricks at the bottom of the chimney. Ensure that the support brackets (on metal chimney), the sparks screen and the chimney flashing on the roof are in good condition and operating properly. Chimneys should be cleaned when creosote builds up to 6 mm.

Chimneys serving oil or gas appliances should be checked once a year or more often if convenient. Chimneys venting wood-burning appliances need even closer attention, especially in the spring and fall when cool or smouldering fires can accelerate dangerous creosote buildup on a chimney's inner surface.

With uncertain oil prices, the patterns of energy use in Canada are changing, and one element of this is a move back to biomass fuels — those which are derived from plant matter and are renewable, such as peat moss, animal manure and logging residues.

The Queen Elizabeth Hospital and the Hillsborough Hospital near Charlottetown, Prince Edward Island, for example, have more than their location in common — they are both partly heated with garbage.

The energy-from-waste (EFW) facility, located in the town of Parkdale, converts refuse generated by the surrounding population into steam for the two hospitals. By using municipal waste as an energy source they are saving more than 2 million litres of imported oil each year.

The forest industry has been the pioneer in this transition to biomass. Pulp and paper mills and sawmills have been converting much of their wood waste into useful forms of energy like heat and electricity. Hospitals, food processing industries and other large-scale energy users are now following the lead.

Charlottetown had a growing problem with waste disposal because it is surrounded by fertile

agricultural land. Landfill sites were difficult to find, so the refuse had to be trucked far from the city. The establishment of an energy-from-waste plant assisted in solving this problem as well as providing energy from a local, renewable energy source.

The facility was designed and assembled on site. It consists of three modular-type combustion units that are highly efficient, each capable of handling 33 tonnes of garbage a day. A heat exchanger extracts the heat from the combustion gases and generates steam, which is sent by pipe

line, at a high pressure, to the hospitals. The cost of the facility was approximately \$30.5 million, of which Energy, Mines and Resources Canada provided \$4 million.

The project has provided three long-term benefits for the community. The Parkdale plant gives employment to 12 people, the Prince Edward Island Energy Corporation reduces substantial energy savings, and 90 per cent of Charlottetown's municipal solid waste is now being incinerated, solving the waste disposal problem.



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Managing your energy costs

Many householders are concerned with saving energy in their homes. Limiting home energy costs is economically attractive, but it is a challenge that requires thorough analysis and planning.

The question most people ask is, "Where do I begin?" The first step should be a close look at the energy system your home represents — its age, construction, shape and size, the amount of existing insulation, the type, volume and cost of heating fuel used, and any other energy requirements.

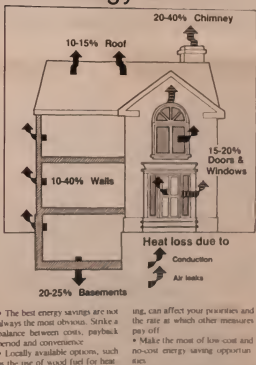
Possible improvements can then be identified and placed in order of importance and feasibility. Some things can be done easily at little or no cost, while other measures require professional help and involve a more substantial investment.

If you're seeking advice, you can save time and guarantee the most accurate results if you have a record of your energy costs on a monthly basis.

A number of places can provide advice on both general and specific energy concerns. The HEATLINE, available by calling 1-800-2-67-9563

(112-800-267-9563 in British Columbia) toll-free to Ottawa, offers information about specific conservation measures and programs. The HEATLINE also offers the free EnerSave Home Energy Analysis, which will estimate costs, savings and payback periods for any antiseismic or insulation improvements you might wish to make. Energy, Mines and Resources Canada has offices in each province and territory, where you can get information on grant assistance programs, publications and additional province-specific services.

Your home's energy system will always require maintenance and monitoring and, because it is one of the biggest investments you'll make, protecting it is important. Remember,



- The best energy savings are not always the most obvious. Strike a balance between cost, payback period and convenience.
- Locally available options, such as the use of wood fuel for heating,

can affect your priorities and the rate at which other measures pay off.

- Make the most of low-cost and no-cost energy saving opportunities.

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New energy-efficient doors

Are you losing valuable energy through your doorways? If you are, and you're thinking of replacing them, be sure that the new ones will be energy savers. The things you should look for in a new door are stability, thermal resistance, cost, appearance and security.

Stability and thermal resistance

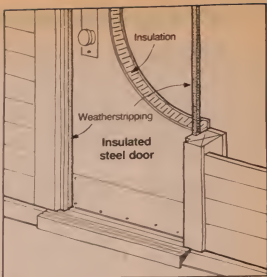
go hand in hand. Look at the weatherstripping — it should be strong, secure, resilient and easily replaceable since it will be under a lot of stress from movement and traffic. Because all doors can warp or change shape, try to find weatherstripping that can be adjusted, particularly if it is attached to the surface of the

door. Make sure there is weatherstripping on the hinged side of the door as this is often overlooked.

Insulated doors are the most energy efficient. They are filled with a high RSI material and are a substantial improvement over regular uninsulated doors. But because RSI values depend on type of material and thickness, check the door's actual insulating value with the manufacturer or distributor.

Boyd Hodgins of Ottawa Door Consultants says that doors vary substantially in price. The average cost of an uninsulated wooden door is about \$200 to \$300, while the average cost of an insulated metal or wooden door ranges from \$300 to \$500. A wooden door with double glazing would be even more expensive, the bottom of the line ranging from \$300 to \$500.

Hodgins says the most efficient and popular door installation today is a steel insulated door, because it is energy efficient and comes with its own frame and weatherstripping. With a wooden door, you often have to purchase the frame and weatherstripping components separately. The installation of a pre-hung door is easier and cheaper, involving



less labour because most of the work is already done.

Appearance and security are not as complicated. Appearance is simply a matter of personal choice. Choosing a secure door just requires common sense — you need a solid door with a proper strike plate, hinges on the inside and a reliable lock.

With garage doors the rules are

pretty well the same. Make sure the door is airtight, because even an unheated garage can limit heat loss from the house if it is well sealed. Weatherstripping must be of the heavy duty type since garage doors are very heavy. Hodgins says there are a number of insulated garage doors on the market, and they have proved to be quite energy efficient.

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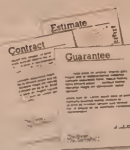
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Contracting renovations with energy conservation in mind

Home renovations, even minor ones, involves more than meets the eye. When you hire a contractor do your homework and remember that you have a responsibility too. The key to avoiding potential problems is to get all agreement set out in a written contract. This requires care and patience but, if you take your time arranging the agreement, the job should be worry free and the final results pleasing.

The first step is to select two, or preferably three, contractors and ask them to prepare estimates. Each should be given the same written description of the work you wish to have done.

Try to choose contractors you



know something about. Ask friends and neighbours they have used, and find out if they were

satisfied. If you can't find references, phone your local Better Business Bureau. They should have a record of any complaints received against contractors working in your area.

Avoid contractors who quote a price without looking at the job, demand a large down payment 'to buy materials' (all reputable contractors maintain charge accounts with their suppliers), or refuse to give you a written contract of exactly what they will do.

The contract, describing the work to be done and specifying a price for materials and labour, is a binding legal document. Read it carefully and be sure you understand and are satisfied with it before you sign. If something is missing ask that it be written into the contract and initialled.

The contract should include: names and addresses of yourself and the contractor; a detailed description of the work to be done and the materials to be used; the responsibility of the contractor to remove debris when the job is complete; a statement of all warranties; firm starting and completion dates; and price and terms of payment.

Avoid 'progression' clauses requiring payments at specific times regardless of the amount of work that has been done. Never pay for work that hasn't been completed.

Although you should still monitor the work as each step is completed — for example, make sure the vapour barrier is well sealed before the drywall goes up — a detailed written contract should make the project worry free. Just remember that a reputable contractor should not be offended by your questions; as with any other service you buy you should be assured that you are getting your money's worth.

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C-31 Grants Split Among 15 Native Groups

by H. Chapparel

Grants totalling \$2.4 million will be allocated among 15 Native organizations to help promote greater awareness of recent changes to the Indian Act.

The funds will be used to advise and assist individuals who lost Indian status due to discriminatory provisions of the Indian Act, and who may be eligible to have their rights restored.

The government amended the Indian Act in June of this year to eliminate unfair and outdated provisions. The revised Act now assures equality of treatment to men and women, recognizes the right of Indian bands to control their own membership, and abolishes enfranchisement.

As well, the children of people who lost their status may also be eligible for first-time registration of status. Individuals who believe they are eligible for registration must make an application to the Department of Indian Affairs.

The 15 organizations will

also play an important role in developing and implementing programs to inform people of the changes in the Act; assist eligible individuals to assemble the information

required to support their application; maintain records of applicants; advise INAC of the reaction to the revised Act; and generally help ensure smooth implementation of the legislation.

A Real Whopper!!

by John Copley

Talk about your 'one that got away' fish stories ... how about this one.

Lloyd McMahon, a native of Edmonton, was recently charged with conspiracy concerning the theft of deer antlers from an Edmonton taxidermist in December of 1983.

Seems McMahon and two co-conspirators, William Day of Austin, Texas and George Vogt of Houston, Texas attached the set of antlers to the head of a deer recently shot in Mexico. They then claimed credit for the 212 point trophy buck. But alas!!! Alex Muirhead, an Edmonton Taxidermist spotted the photo in 'Petersons Hunting

Magazine' and immediately recognized the antlers as the ones that had been stolen from him in 1983. Said Muirhead, "the deer had actually been killed in 1975."

Several charges were laid against the three men including the transportation and receiving of stolen goods, giving false information to a customs agent, and violating the Lacey Act. This is the act that regulates the sale and transportation of wildlife.

Seems that McMahon's troubles won't soon be over either. He faces several charges upon his re-entry to Canada including one that alleges he hunted illegally from an aircraft in Saskatchewan.

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Knowing Your Limits: How Much Is Too Much?

People often ask how many drinks can they consume before becoming legally impaired. This question is one of the research tasks that R.E.I.D. has begun. The legal limit for impairment is a blood alcohol content (BAC) of 80 milligrams of alcohol within 1,000 millilitres of blood which is designated as .08 mg or commonly known as .08. This must be established as the BAC within two hours of being arrested.

However, the legal limit for impairment is not the point at which a driver often becomes impaired. Contrary to popular belief, this is most often quite lower than .08.

We have often heard drunks boast, "I can drive better after having a few drinks," but, a few days later, valid scientific studies have shown, using the best racing car drivers, that the ability to drive is significantly influenced at levels of .04 and above.

Impairment by alcohol causes a slower reaction time, a lack of concentration, impairs the ability to think clearly and make quick decisions. It also

influences the perceptual evaluation of time, space and distance.

Each time you turn a corner, you decide when to start the turn, when to come out of it, how fast to travel through it, when to apply the brakes and when to accelerate. If one adds unexpected conditions such as snow, rain, nighttime vision, distractions, etc., the driver's ability to make sound decisions becomes increasingly important. The impaired driver may drive too fast, too slow, pass dangerously, fail to stop at a stop sign, etc. The impairment of driving ability by alcohol dramatically alters the ability of a driver to make all of those split second decisions that are necessary to drive even at the best of times.

Since the ability to drive is impaired at levels of .05 and above, it is a wise practice for a driver to stop drinking when numbers of .05 and above occur. An even better practice is to use a "designated driver" system. Within a group of people, one person volunteers not to consume alcohol that evening. That designated driver

has the responsibility to chauffeur everyone else around; to pick them up and return them home. The next time the group goes out, someone else agrees to be the designated driver.

The amount it takes to get legally drunk depends on sex, weight and time period. It is also important to note that alcohol is found in spirits, beer and wine. One drink = 1½ ounces of liquor, 12 ounces of beer, 5½ ounces of wine or 3 ounces of fortified wine, brandy or sherry.

Another important point is that the oxygen within the blood "burns up" or oxidizes the alcohol at the rate of approximately 15 milligrams an hour or .015. Therefore, whether you are drinking or not, you must take the length of time since you commenced your first drink to decide what your BAC is.

There is not "guide" or "rule" that applies to all people regardless of sex or weight. For most people one can say that if you limit yourself to one drink per hour you could stay under the impaired limit. This does not apply for most females under 140 pounds however. Since the amount of alcohol in your blood is cumulative, i.e. 10 drinks over 5 hours gives a greater BAC than 2 drinks over 1 hour. Therefore, any rule of how much you can drink per hour eventually has its limits. A 100 pound female who has 2 drinks within 2 hours has a BAC of .071. Three drinks within three hours gives the same person a BAC of .107 — over the legal limit.

Everyone eventually has a limit of the number of drinks they can consume within a certain time period before they reach the legal limit. There is quite a difference between females and males even for the same body weight and the same number of drinks over the same period. Therefore, females should not try to "keep up" with males in drinking contests. Since the average female weighs less than the average male and has a higher BAC for the same number of drinks, it is a prudent course for females not to drink as much as males if they are going to drive.

— Terrence Kulasa,
Edmonton lawyer &
P.A.I.D. Director



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Drinking And Driving Law Toughened

by Sy Sims

Attorney General Neil Crawford recently announced a change in the procedures under which impaired drivers — who are second offenders — will be prosecuted in Alberta.

Under the Criminal Code of Canada, persons who are convicted of impaired driving, driving over the legal limit (0.8), or unlawfully refusing to take a breath test, must be sentenced to a term of not less than 14 days in the vault, if they have been previously convicted for any of these offences.

Before the court sentences an accused as a second offender, the Crown must prove in court that the second offender was previously served with a notice that a "greater penalty" would be sought from the court.

Up until recently, the policy of the Attorney Gen-

eral's Department has been to seek imprisonment where the prior conviction occurred within a one-year period preceding the second offence.

In keeping with other new road safety initiatives, both federal and provincial, to crack down on those who drive when impaired, the AG's Department is getting tougher. From now on, gao-

lances will be handed down to those convicted of drinking-and-driving charges, where the driver has been convicted of a related offence within the previous two years.

Crawford added that "as more second offenders are jailed, all drivers will think more seriously about the consequences of drinking and driving".

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Plugged Chimneys A Threat

Plugged chimneys are one of the leading causes of accidental death by carbon monoxide poisoning in Alberta residences.

"Loose mortar, soot, dislodged bricks, bird nests and other debris in chimneys can limit or entirely obstruct the flow of flue gases to the outside," says Jack Mercer, director of Alberta Labour's Plumbing and Gas Safety Services Branch. "Blockage can also occur if snow and ice are allowed to accumulate on the tops of chimneys during the winter months."

The improper installation

of fuel-burning equipment may also create a hazard. Whenever a brick or masonry chimney is used to vent a fuel-burning appliance, a metal pipe, or vent connector, connects the appliance to the chimney. In such cases, careful installation of the vent connector is extremely important.

"A common problem with vent connectors is that, when installed, they are often inserted too far into the chimney opening, and sometimes the end of the connector actually reaches to the opposite inside wall of the chimney. As a result,

one end of the vent connector pipe is blocked," says Mercer.

The danger of a plugged chimney is greater when the chimney has been converted from a coal- or wood-burning appliance to a gas-burning appliance.

"A hard substance called creosote collects on the inside walls of chimneys that are used for coal- and wood-burning appliances. It's often very difficult to remove creosote even if the chimney is thoroughly cleaned. However, if the chimney is later converted and used for a gas appliance, the creosote will eventually be softened by moisture from the flue gases and will fall off and collect in the bottom of the chimney. If enough creosote collects in a chimney, there is a danger of blockage," Mercer explains.

He goes on to say that he has seen numerous cases in which creosote has collected in such abundance that it reached from the bottom of the chimney to the opening where the vent collector was attached to the chimney, thereby plugging the vent connector opening.

"Most masonry chimneys have space at the bottom to collect debris and allow for a margin of safety," Mercer says. "My advice is to have this space examined at least twice a year and cleaned if necessary. Chimneys that have vent connectors attached near the bottom require attention because of the small amount of space below the vent connection."

After debris is cleared from a chimney, the clean-out opening should be properly closed and all other openings in the chimney, except those used to vent the appliance, should be sealed.

With the aid of a hand mirror at the clean-out opening, visual inspections of chimneys should be made at least twice a year on chimneys that have been previously used for other fuels. "It is particularly important that inspections be made at the beginning of each heating season," says Mercer.



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Canadian Forces Looking For Native Recruits

Though most of us may not be aware of it, the Department of National Defence (DND) has a program designed to encourage Native Canadians to join the Canadian Forces (CF).

Aimed at overcoming the disadvantage which geography places on young people living in remote areas, the Native Peoples Development Program

(NPDP) helps northerners compete for good jobs in the south.

First, a word about what the program doesn't do. It does not relax basic education requirements — Native trainees have to meet the academic prerequisites common to each trade. Second, the program will not accept candidates who don't satisfy the CF medical standard;

the Forces believe good service can come only with good fitness.

Finally, the program is limited to those who live furthest from southern population centres, as well as Natives who live in the Territories.

Essentially, the NPDP increases awareness of the CF among northern peoples by sending recruiting teams

into their communities. The teams take cultural differences into consideration when deciding among applicants, and places less emphasis on aptitude tests, and more on personal assessment.

Because Natives grow up in an entirely different social

and cultural setting, they sometimes have trouble adapting to life in the south. Remember the shock of Cornwallis? In an effort to ease the transition into a new culture, young northerners need to talk to someone who understands the uniqueness of their identity.

No Second Guessing For Cold Lake Woman

by Sy Sims

Debbie Wheeler doesn't have any doubt in her mind she did the right thing by reporting to the RCMP that a Cree child was being kept in a cage, in the basement of his Fort Kent foster home.

Wheeler, who lives in Cold Lake, was paying a visit to the eldest son of Jack and Evelyn Lord when she discovered the child, a mentally handicapped seven-year-old named Quentin Watchmaker.

When Wheeler saw the makeshift cage in the dark, she asked what the purpose of it was. The son respond-

ed by saying his family was taking care of a lamb whose mother had died.

When the light was flicked on, Wheeler was shocked to find the timid eyes of a small child looking back at her. Upon leaving the residence, she decided to call the police, who didn't believe her at first.

About a week later, noted Edmonton Sun columnist Eddie Keen, exploded the incident by writing a tough commentary on the Department of Social Services.

In the interim, Social Services in Bonnyville removed the boy from the home and

placed him in another foster home. A spokesman for the department explained the child was moved to avoid undue media pressure.

Even though Bonnyville MLA Ernie Isley, a close friend of the Lords, vouched for the character of the family, and the Bonnyville Foster Parents Association noted the Lords had taken care of more than 50 children in the past two decades, many questions remained unanswered. In particular, the unusual sleeping arrangements of the child have yet to be adequately addressed.

A Call to Arms By Wildlife Officers

by H. Chaparral

To the surprise of government officials, Alberta Fish and Wildlife officers want to protect themselves with handguns.

Richard Servetnyk, president of the 130-member Fish and Wildlife Officers' Association, said a handgun "is a necessary piece of equipment to ensure officer and public safety."

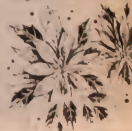
Wildlife officers routinely check thousands of vehicles and armed people, not all of whom are hunters.

"During the hunting season, we are dealing with persons unknown, often-times in remote area. Our officers have picked up prison escapees and people in

stolen vehicles," said Servetnyk.

Even though no officers have ever been killed in the line of duty, Servetnyk said it's always a distinct possibility.

This year a policy change was introduced that allows wildlife officers to carry 357 magnum handguns when investigating known dangerous bear incidents.



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Insult To Natives In Name Change

OPINION —
by Loro Carmen

"Premier Don Getty's hurried action to rename Kananaskis Park for his mentor, Peter Lougheed is

an insult to Natives and too much a political reaction rather than a thought out tribute", according to Loro Carmen, president of the Alberta Native Women's Association.

"The whole idea lacks both hindsight and foresight. Premier Lougheed did not distinguish himself as a spokesperson or defender of Native people's rights during his administration. For instance his stand against entrenchment of Metis rights in the Canadian

Constitution and at the First Minister's Conferences, and the bottlenecking of the Lubicon Indian issues, are examples", said Carmen.

Native people have often commented that Indian names are given to cities, rivers, street signs and development projects. "But, we have to do more than give token tribute to dead Indians", continues Carmen. "There have to be significant improvements in education and employment, preventative health and social service programs, and a deeper appreciation for the cultural and spiritual contributions made by Native people to Alberta and Canada."

"If the new Premier really wants to pay tribute to Mr. Lougheed, he can turn some of the political promises of that administration to new initiatives that spell out solutions to long standing problems. There are few if any Native people playing golf or touring at Kananaskis Park. Maybe as long as the name Kananaskis stands, someone enjoying the 'nature' will wonder 'what happened the Indians who used to be here?'"



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Shall We Not Honor The Living?

by H. Kemelman

It was chilling November and out of our crowded calendar, we took time out to remember. It was Remembrance Day, the time of solemn commemoration to honour our fallen dead.

Thus, we stood hushed to the sadly shrill bugle echoes piercing the cold air. Beside wreath-strewn memorials, we paid homage to the heroic dead who gave their last measure of life in war so that we might live in freedom and peace.

We reverently and prayerfully recalled the brave soldiers who have no memorial markers. All the dead and the missing — who simply slipped into oblivion as if they had not been born — we remembered in glory and honour.

But is it enough that we took the time out to honour those who offered the supreme sacrifices of life, while we forget the living brave, who have fought our battles and survived, scorched in soul and battered in body?

There are those among us, who while triumphantly coming back from the hell of war to paradise of home and country, later suffered lethal consequences. They

were made to witness atomic explosions, in fine orderly and soldierly exercises, only to have discovered years later that this too was hell. Many of them absorbing the radioactive material, were injected with the seeds of cancerous growths and deadly leukemia.

Innocently reassured, they stood near ground zero, probably thinking the thoughts of the *New York Times* reporter. He wrote at that time: "It was like the grand finale of a mighty symphony of the elements; fascinating and terrifying, uplifting and crushing, ominous, devastating, full of great promise and great foreboding." To many sold-

iers, watches of that lighted and burning night, the ominous, devastating and finally crushing later unfolded as the sad prophetic doomsday of their lives.

You hear about it now and then. Poor soldiers, veterans of honour, wretched terminal patients, who put forth their just claims to governmental agencies for compensation, as if there can be compensatory consolation in such payment. But even the comfort of decent treatment and reparation is not extended to them. They knock on door after door, exhibiting their skeletal emaciated bodies — some with half stomachs cut out, some with vocal chords removed — slowly being

consumed by malignancy and defeat.

Time and time again, they are being turned away, debauched, humiliated. "Where is the connection between your lethal cancer to the sight of the atomic blast?" they are repeatedly asked. Where is the proof? Where is the smoking gun?

Never mind that what was supposed to be the bright light of creation, when time stood still, turned out to be the deadly absence of lethal light, rays impregnated into brave soldiers' bodies that would in time blossom into malignancies.

Now we know much more about the dangers of radiation. We know better about this mushrooming

"forbidden fruit" in our garden. We know full well the connection and the statistics are ample proof of the greater risks to health in atomic fallout. But so far, bureaucracy and apathy have turned a deaf ear to ailing veterans, who have suffered the hazards of their soldierly occupation to feel forgotten and abandoned.

November chills seize a nation that honors her sons who have died on the battlefronts for the cause of freedom. But what about the dying soldiers who paid the high toll for martial duty and service? Shall we not honor them? Shall we not honor their just and rightful petitions to be treated with

Bigstone Band Environmentally Concerned

by H. Chapparral

Francis Gladue of the Bigstone Indian Band in Desmarais believes government programs such as the Alberta Environment Employment Program (AEEP) has proved to be vitally important to northern communities.

He explained that activities created by the oil and gas

industry in the North made it difficult for the people to continue to hunt, fish and trap in the winter.

"We depend on government programs like this to give our people work for a few months," Gladue remarked.

The provincial program has made available nearly \$17 million for work on a variety of projects designed

to help clean up the environment. The Bigstone Band received almost \$50,000 through an AEEP grant to clean and open up river systems in the area to enable fish to spawn more easily.

The Band project, which ended several months ago, also included construction of a five-mile hiking/horseback riding trail along the Willow River. Gladue

explained that an existing trail, used in the early 1900s to connect settlements, was cleared for similar purposes.

"These wilderness trails are good for the younger generation, which is losing much of its Indian culture. The trails are also good places for the Elders in the band to teach young people about their heritage," said Gladue.

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Caribou Hunters Expect New Legislation

by Sy Sims

Jim Bourque, deputy minister for the Northwest Territories, recently met with Fort Chipewyan residents to discuss hunting privileges for the barren-ground caribou in the region.

Bourque said that while he favors hunting licences for citizens, the issue must ultimately be dealt with through legislation.

"This is a serious matter, and I will be meeting with the legislation committee, which consists of lawyers and the community at large," he said.

Bourque said after the meeting that a quota number will likely be reviewed by the Caribou Management Board. "I am hoping everything will be in place by February, 1986, making it legal for the residents of Fort Chipewyan to hunt the

caribou in the Northwest Territories by spring."

Area residents have been hunting the caribou long before the fur industry was spawned. But, in a report issued by the Chipewyan Band claims increasing population and oil and gas exploration project have reduced the caribou herds significantly.

The Band study had technical assistance from the Treaty and Aboriginal rights research unit of the Indian Association of Alberta. The report is expected to help the legislation committee in Yellowknife prepare a solid argument that should change the law, thereby allowing Fort Chipewyan residents to hunt caribou.

Nerysoo Fears Native Assimilation

by Jim Crow

Richard Nerysoo, ousted Northwest Territories leader, told delegates of the National Northern Development conference that the North is a delicate culture "under siege".

Nerysoo told delegates in Edmonton last month that the North's economy and culture "were now being shaped by southern encroachments which exert powerful influences. They have the capacity and the power to shape the North's political destiny".

As modern pressures and anxieties continue to mount in the North, Native communities are slowly falling away from their traditional roots, Nerysoo claimed. And he pointed out that during the last decade or so, aboriginals who've been negotiating with the federal government may have unconsciously accepted the ways of the white man, and consequently assimilation into the mainstream Canadian fabric.

"The process negotiation has accelerated assimilation by forcing recipients to adopt methods which are in fact detrimental to their own cultural survival. Could we see the other side, adopting our methods and principles? The answer is self-explanatory," argued Nerysoo.

"What started out 10 years ago as a means of enhancing our independence has instead only speeded up our assimilation", he added.

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Inmate Rights Must Be Respected

by Jim Davis

The recently announced agreement between federal and provincial Solicitor Generals under which prisoners can be transferred to more local facilities is seen by The Alberta Native Women's Association as a possible mixed blessing.

Loro Carmen, ANWA president, in reviewing the new releases commented, "The federal system has developed several initiatives which include post-secondary and university education opportunities which are not available in provincial institutions. These must not be lost with the transfers."

"Because the federal system deals usually with long term sentences", says Carmen, they have tended to take a long term view, and to provide different programs than the provinces. At the federal level there is an automatic review for possible parole every two years and that guarantees the inmate a regular opportunity to present her case. On the provincial level, however, there is only a review of paperwork, and

the inmates are often not heard at all.

"When the federal and provincial officials interviewed and selected the women for possible transfers, there were promises made. The women expected that there would be federal living units available, but they are not in place. Women have reported that their automatic parole hearings have not taken place, and that they are getting lost in the shuttle between institutions."

At present, there is only one federal institution in Canada for women, and the transfers to more local provincial facilities would place many in closer contact with their families and homes. "However", points out Carmen, "there must be

some transition to see that all the rights and opportunities of the federal system are carried along with the transfers. We don't want to see our (Native) women used as guinea pigs in prison reform. We praise the concept, and do not want to see any delay, but there must be in place the federal prison units and staff and programs to receive the transferees, and to guarantee the best rehabilitation programs possible."



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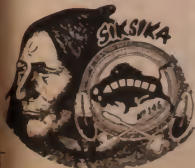


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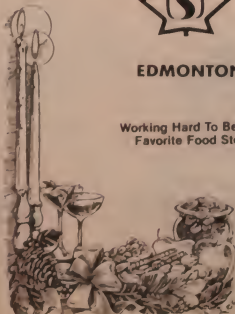
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Old Cold Winter

by Haim Kemeiman

Old cold winter is here. And here it is, to stay and serve time, but only its allotted time. Winter, take comfort, is not forever, take it in stride.

Winter brute is not the welcome guest we salute. It's crimping our life-style of outdoor freedom — short circuiting our very life and light system in intervals. What? Has the sun lost its verve, its nerve, its warm soul for all time? A shivering cold heart wonders.

But you know the sun's return as you know the calendar days and seasons. It's a verity and certainty of life, as sure as you know the procession of the day.

Time and season, nature's ordination in service, are faithful credentials and should be welcome in their true and fascinating variations. They evolve in a beauty and a certainty of fundamentals, ever since the dawn of the first sun and the sons of man.

Winter is stern, with cold frostbite and shrunken sunlight. As with a mighty hand and mouth, of fang and claw in gray or white, it devours the land.

But, ah, turn the door on winter, friend, and home is the warmest paradise made aglow on earth in hearth's fire.

Home, sweetest home, is a winter indoors. A little heaven on earth descends onto the crowded little circle of the fireplace, with the choicest joys of family togetherness and home-spun happiness. A whole world of living beauty and flashy warmth is rolled into a crackling dance of fire tongues.

The warm circle widens in glowing ripples, by friendly chatter, in the company of a few close friends, sharing warm air and atmosphere, a little good music and hearty laughter. It's a fiery world, man made, all and exclusively the offerings of the winter delights of time and season. So while you take the frosty bite and windy bark of old bold winter's rampaging beast, don't surrender your soul to the wild. Conquer the old conqueror by igniting the spark at the hearth. By skill, ingenuity and art, happy triumph lives in the warm heart.

See, in the heart of winter, there is still life,

wonder and awe to inspire — stand still, observe and admire.

Winter is snow-white beauty — a tale of a landscape, made clear in the air from inside out.

Still lies hidden, under a blanketing white, garden and roof and life's secret seeds. Dormant, underneath, life is alive hibernating, germinating in decaying seed. The new spring of life is waiting underfoot.

The gray sky, low and white is stretching in cold wrath. The icy lake bubbles up in cold breath misty clouds against the falling skies. Has all the world collapsed into a deep freeze, with the sun losing its soul in a solar system?

Look, look a little closer. Winter is not dead. Winter is the celebration of life's survival, in spite of odds, means and shortsighted ends.

There, in the corner of rooftop, a sparrow is perched. Orphaned, or disoriented in its biological clock and apparently failing in southerly migration, the bird is a survivor. So light in weight (scarcely an ounce and a half), and it stands up



against the punches of heavyweight winter. I watch her, in her instinct for survival, she masters the wisdom of warming herself to life, by the swirling smoke of a warm chimney . . .

Now look closer and nearer to the heart of life. In the far side of the alley, a skinny cat wiggles her tail against the steamy outlet of a wall, belching out the warm vapor from a clothes dryer inside the house.

Winter, friend of life and lover of nature, is all wonder. The miracle in the wonder of survival comes through best in life's resiliency against winter's onslaught. In winter —

behold the miracle — we are all survivors.

Winter is no foe. It's a season in time and life not only to endure but to enjoy as well. Above ground, man and woman and child, as in burrows underground, animals in their subterranean shelter, make life cozy and home happy, knowing that rosy spring is awaiting the staunch heart.

Life in the winter is no garden of roses, but in the heart that sparks the fire, the memory of roses is as good as their lively scent. The fire in the hearth, as the flame in the heart, is the stuff of the undaunted dreamer.

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New Policy For Native Education

EDMONTON — Education Minister David King recently released a discussion paper outlining a proposed policy direction for Native Education in Alberta.

The proposed policy recommends the development and delivery of programs and services which will:

- provide enhanced and equal opportunities for Native students to acquire the quality of education traditional in Alberta;
- challenge Native students to learn and perform to the best of their ability;
- provide opportunities for Native students to study and experience their own and other Native cultures and lifestyles;
- provide opportunities for Native people to help guide and shape the education of their children;
- provide opportunities for every student in Alberta's schools to recognize and appreciate our various Native cultures, and their many contributions to our province and society.

The proposed policy approach an integrated approach to Native education in the delivery of programs and the development of curriculum. The policy recommends a partnership between local school boards, native parents and groups and Alberta Education so that unique local needs can be met.

"I am pleased to see the development of this important policy proposal. The intention is to provide direction to provincial schools so that Alberta meets its responsibilities in the area of Native Education," said King. "It is directed primarily to the education of Native students in our schools. As such, it has no bearing on the responsibilities of the federal government in the education of Native students, on schools operated by Indian bands, or on the rights the Indian people have under their various treaties.

"I would like to express my appreciation to Dr. Ralph Sabey and the Native Education Project team, including Merv Kowalchuk, Bernae Makokis, and Pearl Calahusen for their work in

the development of this proposed policy," said King.

The Native Education Project Team was established in December 1984 by the Minister and since that time has held approximately 180 meetings with individuals and educators in Native communities in order to develop the proposed policy on Native Education in Alberta's schools. King stated, "This proposed policy builds from an extensive summary of Native peoples' views as expressed to the Project Team, and will be used as a basis for discussion by the Native people and others in the school system."

As well as the development of the proposed Policy Statement on Native Education, the Project Team has been responsible for the ongoing development of learning resources designed to include information about Native peoples in the regular curriculum. These learning resources will be used by teachers throughout Alberta for teaching the Social Studies curriculum.

This partnership approach, which is strongly recommended in the policy statement, is also being used in the development of thirteen other major curriculum projects. These are:

- Blood Band / Lethbridge Public School Division / Cardston School Division

Alberta Education — a case study of the Blood community;

- Lakeland Separate School Division / Elizabeth Metis Settlement / Kehewin Reserve / Alberta Education — a Grade 6 learning resource to discuss Native, local, provincial and federal governments;

- Northlands School Division / Northland Communities — a Grade 1 learning resource test that addresses the Northern family;

- Sarcee Band / Calgary Public District — Grade 2 project

- Metis Local / Medicine Hat District — Grade 4 project

- Metis Local & Metis Assoc. / St. Albert District — Grade 5 project

- Metis Local & Mission Historical Society / Lac La Biche District — Grade 5 project

- Treaty 8 Commission / High Prairie School Division — Grade 5 project

- Blackfoot Band / County of Wheatland — Grade 4 project

- Saddle Lake, Goodfish Lake & Blue Quills / St. Paul District — Grade 4 project

- Metis Local 1885 / Edmonton / RCSSD / Grade 6 project

- Metis Local & Lac La Biche AVC / Lac La Biche District — Junior High art project

King said, "I would like to encourage Native people and all interested Albertans to contact the Native Education Project Team in order to discuss this proposed policy statement. Once further direction is received from those interested, a revised Policy Statement will be developed for consideration by my Caucus

colleagues. In addition, I intend to meet with major native groups throughout the province to further discuss the proposed policy."

Copies of the report are available from Native Education Project, 10th Floor West, Devonian Building, 11160 Jasper Avenue, Edmonton T5K 0L2. Telephone: (403) 427-2043.

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EDMONTON - Peace Hills Trust Company, the only major Indian owned and controlled Trust Company in North America and its owners, the Samson Band of Hobbema, Alberta has announced the winners of its "Native Art Collection Contest".

The contest's overall first prize winner is Roy Jack Salopree from the Dene Tha Band in Alberta titled "Go-Ne'Dene" done in pen and ink. Salopree will receive \$1500 of prize money and the opportunity to have his work featured in the official 1986 Trust Company Calendar. Other award winners include Melvin Benson for his water color portrait of a young Indian girl titled "City Indian

Girl", and Alex Janvier for his acrylic on canvas titled "Kyle's Writings". Benson and Janvier will receive \$1000 and \$500 respectively for capturing second and third prize.

The response from Alberta Native Artists to the competition was overwhelming, with over 80 submissions. The quantity and quality of the art pieces made it difficult for the judges to arrive at their decisions. The well qualified Panel of Judges included: Harry Savage, a noted

Alberta Artist and Professor of Fine Arts at the University of Alberta; Cathy Shirt, a noted Fashion Designer of Modern Contemporary Native Fashions; Agnes Bugera, Owner/Operator of the Bear Claw Gallery; Victor Buffalo, a Director of Peace Hills Trust Company and Joyce Mandamin of Peace Hills Trust. In addition to the major prize winners the Judges also awarded four (4) honourable mentions. Those cited were: Josh Kolay for his piece titled

"Hunters In The Moonlight" done in acrylic. Jane Ash Poitras for her piece titled "Nipi Sikitkanche" done in ink. Robert Gordon Bull for his piece titled "A Dream Come True" done in pencil. Farron Andrew Calihoo for his piece titled "The Model" done in pen and ink.

A formal Awards Ceremony was held Thursday, November 28, in the Peace Hills Trust Corporate Office, Edmonton. A number of special guests and dignitaries attended.

Native Boxers Square Off

by Sy Sims

Dozens of enthusiastic fans were on hand to cheer the Native Boys Boxing Club's first fight card of the season, held in Edmonton.

The 10-bout card featured boxers from around the province, even though Edmonton-area boys took four events. In the first fight of the night, Carl Schmidt of Drayton Valely outpointed Billy Gray of Elk Point to win a unanimous decision.

In the second match, Ron Ward of Slave Lake bloodied the nose of Ron Olsen in the second round, forcing him to take a standing eight count. With a sizeable height and reach advantage over his opponent Ward went on to win a unanimous decision.

Norbert Bernard of Elk

Point was disqualified in the third fight for using head butts against his opponent, Ray Junior Dumais. The Bonnyville fighter was given the victory.

In a 105-pound weight class, Lorne Norbert of Slave Lake won in a technical knockout over Shawn "Hit Boy" O-Conner.

The seventh fight of the night proved to be the most exciting, as Keith Badger of

Bonnyville took on Rodney Tetrault of Drayton Valley. Even though the fight didn't even last two rounds, there was plenty of action before Badger scored a knockout.

The Native Boys Boxing Club hopes to put on a boxing card each month at the CNCF in Edmonton. The club will also host the Alberta Golden Gloves Tournament February 15 and 16.

Natives Want Amendments To Broadcast Act

The federal government is being urged by Native groups to write legislative or regulatory guarantees so northern Native Canadians have access to indigenous broadcasting.

A four-stop federal examination of northern

Native broadcast problems concluded in Quebec recently, and it was clear inadequate distribution of Native programs emerged as the central issue.

Native groups are warning the Canadian Radio-television and Telecommunications Commission (CRTC) that nothing less than the linguistic and cultural heritage of their peoples are at stake. They worry about the increasing amount of programming brought in from southern Canada and the U.S., while their own shows face increasing hurdles in gaining access to new markets.

The commission is also being urged by some Native groups to force northern broadcasters to show a certain percentage of Native programs in some areas, as well as recommending a Broadcast Act amendment that would entrench native programming as a permanent fixture.

The Whitehorse-based Northern Native Broadcasting group wants a specific legislative amendment that would provide a legal basis for fair access by Natives to indigenous programming.

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The Alberta Native Affairs Secretariat is a big name for a small group of helpful people.

Our job is to help Native people access the government programs designed to improve their quality of life.

Although Native people are encouraged to work directly with departments, sometimes we can be a good starting point.

If you would like some advice, some information or some direction on funding grants, business assistance, we are here.

Write to us at this address or call toll free via your Rite or Zenith telephone operator. The number in Edmonton is 429-6407.

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Spouses of Alcoholics Suffer In Their Own Way

by Jim Crow

It's been widely observed that alcoholics greatly underestimate the seriousness of problems they create for others. However, alcoholism can, and usually does, affect virtually every aspect of family life.

While our knowledge is still somewhat limited, some disturbing pictures of the husbands and wives of alcoholics have begun to emerge.

We are now learning that many non-alcoholic spouses suffer emotional difficulties which are sometimes quite severe, and which range from open hostilities through feelings of futility — even to suicidal thoughts.

It is not unusual for them to feel trapped and helpless. And just as alcoholic spouses normally have a poor self-image, non-alcoholic mates commonly suffer from low self-esteem, and from feelings both of worthlessness and of being victimized.

It is also not unusual for non-alcoholic spouses to have a parent who is alcoholic. Some experts believe that such spouses seek out (unconsciously) an alcoholic mate, although their reasons for doing so are not fully understood.

It seems that at least some of these spouses take on a martyr-like role; that is, they feel their own suffering is a burden they must accept. Perhaps some have modeled themselves after their non-alcoholic mothers or fathers.

Most spouses of alcoholics feel constant shame and embarrassment. Their social life is often greatly restricted by their understandable unwillingness to have guests in their home, and by their need to avoid other social situations that might involve drinking.

Shame tends to be greater in the cases of the male spouses of female alcoholics. This is because there remains a somewhat greater stigma attached to female than to male alcoholism in our society, although much less so than in the past.

Disappointment and anger are common reactions, not only to drunken behaviour but also to the numerous failed promises to quit drinking. These feelings can be aggravated by frequent additional promises to get help.

The inconsistent behaviour of alcoholics causes many spouses to try and limit to a minimum their contacts with the alcoholic mate. Many try to escape through activities which do not involve the drinking partner. Some also withdraw from family life to punish the alcoholic spouse, or to seek relief from the pressures of the family situation. This can result in the children having little or no access to either parent.

Many who have tried again and again to make their marriage work have found that living with constant alcoholics can be a very lonely experience; even when most of the alcoholics do their drinking at home, for many, their intoxication often produces the same result, as if "they weren't really there." Most sober spouses, therefore, reach the painful conclusion that they rank a distant second to alcohol, feeling that they can no longer compete with it.

Such a conclusion is understandably demoralizing. Their unhappiness is

often increased by the impotence of many male alcoholics, a loss of interest in sex, and an apathetic attitude in general to their partner. Furthermore, sober spouses may be confronted with violence, threats of violence, or verbal abuse.

In recent years, there has

been a significant increase in the number of spouses of alcoholics who actively seek out help for themselves. As well, many professionals who specialize in counselling alcoholics now include other members of the family as regular participants in treatment sessions.



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TOURISM AND SMALL BUSINESS

Space - What To Do When A Tooth Is Lost Too Early

Children need their baby teeth (also called 2Primary Teeth) to help them chew their food, to speak clearly and to look attractive. But the baby teeth also serve an additional purpose. They save the space in the jaws for the adult teeth (also called Permanent Teeth).

Normally all baby teeth stay in the child's mouth until the permanent teeth growing under the gums are forced to take the place of baby teeth, at this time the roots of the baby teeth are absorbed by the tissue around them. The baby tooth then becomes very loose and falls out. Several weeks later the adult tooth grows up into the mouth.

Sometimes a baby tooth is lost early because of a toothache where an abscess has formed or it has been knocked out accidentally.

When this happens a

Space Maintainer should be put in place to hold the space open where the adult tooth will grow when it's ready. Other teeth around the missing tooth may tip or drift out of position. Because of this drifting there may not be enough room for the permanent tooth when it is ready to come in.

Space Maintainers are metal or plastic devices that are clamped onto nearby teeth to hold the space open when a baby tooth is lost too early.

The adult tooth may be forced to grow into the mouth out of position, making the teeth crowded. This, in turn, affects the position of the other teeth. This condition of crowded or crooked teeth, which are out of alignment is called a Malocclusion.

If a Malocclusion develops it can 1) Make chewing difficult; 2) Increase the risk of dental disease (ie cavity and gum disease); 3) affect the appearance of a person's smile, making them look less attractive if they show crowded, crooked teeth.

Baby teeth are very important in the development of a normal dental arch. If your child loses a baby tooth too early please take him/her to the dentist and have the dentist do a check to see if a Space Maintainer is necessary.

Keep Smiling
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Epilepsy - The Invisible Disorder

More than 400,000 Canadians have epilepsy. Epilepsy is more common than diabetes, cystic fibrosis or multiple sclerosis.

For most people with epilepsy, the major problem is that of prejudice and social discrimination. Epilepsy is by far the only disorder in Western civilization where the afflicted person suffers more from isolation and social discrimination than from the condition itself.

For many or for most people with epilepsy, it is not the disorder, but society's reaction to it that creates the problem. The primary challenge it will offer will be to gain acceptance from a public still leery of the condition and still holding many of the discredited beliefs of the past.

Epilepsy Canada is a National Voluntary Organization dedicated to helping persons with epilepsy and their families overcome the problems associated with the disorder by educating the Canadian public about epilepsy and helping persons with epilepsy to become integrated into the mainstream of Canadian society.

There are 39 provincial and regional associations located across the country. These associations are independent organizations with their own volunteer boards. Epilepsy Canada's role is to act as an umbrella organization, representing and responding to the needs and interests of persons with epilepsy and those concerned with epilepsy at the regional, provincial and national levels.



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Extend-A-Family

by Don Green

There is a lot in life that most children take for granted. Being invited to a birthday party, going to a movie or simply playing with friends seems like a natural part of growing up. But for children with physical or mental handicaps, these kinds of activities do not happen often.

That's where Extend-A-Family comes in. It's a volunteer program that matches parents who have handicapped children with families or individuals interested in hosting these children for a few hours each month.

Extend-A-Family broadens the child's social horizons while giving his parents a needed break. The host family also benefits by gain-

ing an increased awareness of the needs of the handicapped. This, in turn, breaks down barriers and prejudices in the community.

The brainchild of a group of parents in Ontario, Extend-A-Family made its way to the west about two years ago. Presently, there are fifteen active matches with many more children on

the waiting list.

All that is required of a host family is a willingness to share recreational activities with a special child. Outings can be anything from taking in a hockey game, visiting a museum, to just coming over to be with other children. The important thing is that it be a time looked forward to by both families.

New Child Welfare Panel Members Named

by Albert Fyth

Seven Albertans have been appointed to the new panel to hear appeals of certain decisions under the Child Welfare Act.

Serving as panel chairman is Bill Jackson of Sherwood Park. He is joined by

Shirley Balderston of Edmonton, Lee Hunt of Endiang, Adelle Reimer of Calgary, Elaine Weidemann of Medicine Hat, Dr. Joseph Storcer of Grand Prairie and Robert Cardinal of Winterburn.

The panel is mandated under Alberta's new Child Welfare Act to hear appeals such as placement or removal of children, release of information, and refusals of applications. Also provided for by department policy is an administrative review procedure, should people choose a less formal route to address their concerns.

If they are not satisfied, they may go directly to the appeal panel.

"The panel was established to ensure that individuals affected by certain decisions made by the Child Welfare staff, have an opportunity to bring their concerns before their peers," said Neil Webber, minister of social services and community health.

The minister explained that panel members were chosen because of their interest in child welfare, their involvement in the community, and their credibility and judgement.

The Child Welfare Appeal panel replaces the Child Welfare Commission, which as made up of senior civil servants. The decisions of the new panel will be final and absolute.

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"For He's Just An Indian"

by Kenneth Ward

As he walks quietly into the square,
not a word is spoken.
For many thoughts are turned
with the wrinkles on his face
As he quietly notices the change of his place.
For he's just an Indian

In his youth he would run in the trees
barefoot and all.
His culture was strong then
but I guess the seeds of time had
changed way back when.
His fear of Indian future is in the back of his mind
Now he is old with lines as frail.
With movements towards the building
that was once his trail

The ways of time has brought such greed and hate.
That someday Peace for my brothers and sisters
will come before it's too late
As a silent tear trickles down on his face
As he quietly notices the change of his place
For He's just an Indian

We were once great leaders way back then
Freedom to enjoy the riches of this land
to be able to share it's nature

With the great herds of bighorns, birds and deer
Grown and grown
One by one
Bighorns as to be gone
As to the Indians As he walks quietly
to the end of his trail

Once more a tear has fallen like the drop of rain
Last thoughts enter in his mind of his people
Just, greed and glory are the goals now
Pride and despair takes control of the reins
The steering wheel is out of control and so is the
extreme police within our hands
The strength of Unity left to find

He whispers

"I am old now, to speak
My words are silent
My mind is weak
My heart is crying
My life is dying
I am just an Indian

As is gone now As the sunset down shines
I think to myself and I would say
There goes one great man
For he is an Indian



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The Blue Glinty

by Wagamese . . .

One fine summer, a magpie stumbled upon a bunch of blue glintys. Magpies treasure anything that sparkles, and as every magpie knows blue glintys sparkle best of all. Why, a magpie could sit around all day long simply staring into one, a dreamy smile on its face, a faraway gaze in its eye. Yes, next to a free meal, there is nothing a magpie wishes for more.

The Magpie could not believe his amazing luck. There, winking in the sunlight, amongst the gooseberry vines, along the railway tracks, all his dreams shone true. He flew over to pick one up.

He had heard many stories about glintys being shiny, smooth and sparkly too, but none told how heavy a glinty could be.

Just to get off the ground, Magpie had to flap with every bit of his strength. Once in the air, he had to double flap to make it home, which he just barely managed to do.

Magpie perched on the branch next to his nest panting and panting. The sparkly thing, now all his, turned the falling yellow sunlight to a dreamy blue. Magpie just forgot all the trouble he had just been put through.

How fine that one looks, Magpie thought to himself. Then he thought again. One? Why only one? Wouldn't two look twice as nice? Off he flew again.

After the second trip, his wings just ached. Still though, he now had two two marvelous blue beauties, all his very own.

No magpie had ever been so lucky. Except, said a little voice in Magpie's head, maybe someone who has three . . . three whole glintys all at the same time!

This third trip almost caused Magpie's poor wings to fall off. He was so pooped, he actually wobbled on his perch while admiring his glinty lined nest.

Two of Magpie's friends swooped down. They both gasped, perched next to their fortunate friend and went dreamy eyed too.

"Oh, what a good friend we would have who would share such a prize," one friend finally said.

"Especially since with all those that person can't even fit their ownself into their own nest," agreed the other.

"But then he would only have one again," the three glinty owner sighed.

They went on like that through most of the afternoon. Magpie's two friends hinting around, asking, begging, showing anger, anything to get Magpie to share. They were so busy doing this fancy talking that a forest fire managed to creep up close behind them. A billow of smoke got them coughing. Magpie's friends took off.

"Wait, wait," Magpie called after them. "Help me get these over by the railway track so they don't burn up."

"No, we're sorry," his friends called back. "You know us, we never touch anything that doesn't belong to us."

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Merry Christmas

Magpie grabbed one glinty and struggled into the air with it. He got within sight of the tracks when the smoke caught in his throat again. He coughed and this caused him to lose his grip. Smash, into little blue bits on the rocks below went his treasure.

Back he went for another one. The fire had climbed halfway up to his nest by then. Again Magpie struggled into the air, clutching a hot blue glinty in his black feet. He got very near the tracks again when the heat from the glinty stung his feet, so he was forced to drop that one too. Smash! Tinkler!

Back he raced again. The flames had set his nest on fire by now. Maggie just flew straight in there anyway. He grabbed that precious glinty and struggled out of the fire. Ow, that glinty was hot! Maggie's feathers felt as though they were on fire. He flapped his wings harder than he had ever flapped them in his entire life. Slowly, painfully, he struggled to within sight of safety.

Maggie couldn't make it any further. Down he tumbled out of the sky like a streak of flame, still clutching the glinty tight. Crash! He tumbled in a feathery ball until he came to rest in a heap, safe. Maggie's friends kicked gravel over him to put out the flames engulfing Maggie's tail feathers. The glinty lay smashed to bits in Maggie's feet.

Maggie, who had been knocked silly by his fall lay still for a long time, but finally he raised his head to look around.

"Phew... one of his friends went," "we



thought you'd had it that time.

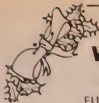
"Yeah," said the other waving a wing back and forth to cool Maggie's feet. "I sure hope you've learned your lesson, my friend."

"What lesson?" Maggie groaned.

"Just this. If you cannot give up a certain thing, then you wanted it too much in the first place."

On fessure. Maggie said raising his slightly scorched head and nodding. Then a sneaky little smile spread across the other side of his beak where his friends couldn't see. Out of the corner of his beady eye, Maggie had spied something winking at him in the sunlight, from amongst the gooseberry vines, down there by the railway tracks.

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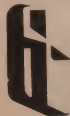
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ATA Pleased With New Native Education Policy

by Sy Sims

"Numerous studies in recent years have concluded that school programs for Native children fall short in many areas. I am heartened that the government has studied the situation and has now proposed a policy for Native education", said Nadene Thomas, president of the Alberta Teachers' Association (ATA).

Recommendations aimed at providing equal opportunity and enhanced educational options for Native children were also welcomed by the ATA president. She applauded the government's intent to provide all Alberta students with the opportunity to recognize and appreciate the various Native cultures and their contributions to society.

"I look forward to teachers working with the government and others on ways to implement these recommendations, whether through the Secondary School Program Review (SSPR), changes to curriculum, or some other approach to the delivery of school programs".

Thomas said she expected Native peoples would be given a role in the implementation of the recommendations, particularly since the proposed policy advocates greater opportu-



ities for Native people to get involved in curriculum development.

She also expressed confidence that a partnership of school boards, Native parents, teachers, and the Department of Education would bring about the kind of changes that offer Native children a place to grow and appreciate the own unique cultural heritage.

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Strength . . .

by Wagamese . . .

The Daniels family was at its trapline deep in the bush. The supply plane that had dropped them off would not return until Christmas. They quickly built a lodge and settled in. There were the parents, two sisters, a boy and a grandmother living together.

Every other winter they all lived harmoniously. This time though people started getting angry at each other. Arguments started over nothing and nobody forgave either. The only ones not this

way were the boy and the grandmother.

One night the old woman fell seriously ill.

The next morning the decision was made to leave to get the grandmother to a hospital. The highway they set out for was five days walk. The winter wind blew bitter cold. The hunting had not been good, so they didn't have much food.

The younger sister said as they set out, "last night I dreamt we would face a long, hard and painful test

but we would make the struggle by doing our best."

The whole family felt encouraged by this. The younger sister had a way of seeing how things would turn out before they did.

The father pulled the toboggan the old woman lay on for hours and hours. His breath steamed out of him as he laboured over many hills and across frozen river miles.

No one else could have done what he did with his broad back and his determination.

The youngest of them, the boy, never tired of joking and talking. Though the cold was an ache and hunger another, nothing seemed to bother him.

His smiling face and friendly nature was like a fire that warmed their hearts and their thoughts.

The mother was like a calm place in the constant effort of travel. She was always the first to spot



trouble in a person's eyes. She would go to them and ease their minds with a word or by a touch.

As they travelled more of them began to get sick.

The older sister remembered everything she had been shown and everything she had read about fevers. She had a mind for remembering and a curiosity to know without her knowledge, so gained, they would have all grown too weak to travel.

On the fourth day a plane finally spotted them. Soon they were all in a warm hospital and recovered quickly. The family told the grandmother all that

had happened. The old woman reminded them how they had been fighting each other before that.

Then she said, "It was the strength of each of you that saved the others. You all needed each other. It takes strength of all kinds to make a strong family."

(1981 - 1982 - 1983)



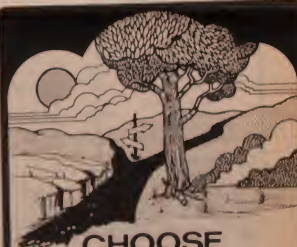
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CHRISTMAS

**New Focus for Yukon
Indian News**

by B.H. Chaparell

The board of directors of Ye Sa To Communications, publishers of the Yukon Indian News, have decided to tone down the paper's political rhetoric and concentrate more on community-oriented issues.

As the only Native newspaper in the region, the Yukon Indian News had

been giving an inordinate amount of political coverage in many editions, often to the detriment of local stories.

Acting editor Leonard Linklater told the board that the move to promote political issues was inevitable, considering the number of significant structural changes among Aboriginal peoples and laws in

Canada. The political changes of both the territories and the Federal governments, as well as leadership races in both territorial political parties, were also good reasons to give high profile coverage. But, it was conceded that the Yukon Indian News had strayed from its mandate to serve Native peoples on a local level.

The motion to make a change in format was passed unanimously by the board. Suggestions on what new avenues to take ranged from more profiles on elders to more contributions from local children and their schools. A proposal to raise advertising and subscription rates was also accepted by the board after a lengthy discussion.

Several board members will examine advertising rates charged by both Native and non-Native papers before deciding on a new rate of their own.

The subscription rate has also been fixed for a number of years, and now no longer covers the ever-rising costs of mail.

While acknowledging the legitimacy of these arguments, the board said it would not accept a radical rise in price for either ads or subscriptions. They indicated the paper's rates must be raised to competitive levels, yet still be fair to the customer.

The staff of the Yukon Indian News will be setting aside some time before their next edition to mull over strategies to achieve the goal of re-establishing itself as a 'community paper'. It's also expected new guidelines will be in place to ensure the balanced political coverage. The board's executive committee, comprised of President Helen Jackson, Vice-president Margaret Workman, Secretary Joyce Tyone and Treasurer Margaret Thomson, should receive the recommendations sometime this month.

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A Reflection on Reflections . . .

by Wagamese . . .

One evening a blue heron stood hunting, ankle deep in a watery marsh, still as anything. By standing so still, sooner or later, a fresh frog or a tasty minnow would swim close by and then . . . snap. Heron's bill would flash out sharp and deadly quick. Then gulp, swallow, he'd have his meal.

So there Heron stood, still as a stick, but nothing edible came along. After staring and staring in one spot for this long, Heron's mind began to wander. Now instead of peering down into the water, his eye caught on the waters reflecting surface. First Heron looked at cloud reflections drifting by, then the willows bent low and finally his own reflection took his attention.

How tall, poised and graceful he seemed. How long, fine and steely blue his feathers. Other animals had said these same things about him to him at one time or another. Heron being shy never knew quite what to say. Now that he had really looked at himself though, he could see why they had said such complimentary things to him.

Heron turned his head just a little to get a better look at himself. A frog

swimming closeby spotted this movement. Splish, dive, kick, kick, and a meal was lost.

All Heron could do was shake his head. "Pay attention, he told himself.

After awhile though, Heron had slipped back into admiring himself. He lifted a big blue wing just to see what it would look like in flight.

A minnow spotted Heron doing that and shot out of sight. All Heron saw was the silvery flash of another meal disappearing.

"Listen here," Heron spoke sharply to himself, "you better keep your mind on your business from now on."

Ten minutes passed, then fifteen, after an hour, there was Heron smiling away at his own reflection, again.

A couple of frogs and a bunch of minnows were swimming around between Heron's thin black legs. Heron didn't even see them, they didn't see him either. Just then Heron's empty stomach went GORRAAWRR. Well, those frogs jumped this way, and the minnows darted that way. Heron was so surprised he shot his beak out of the way, then back

that way, as quick and hard as he could. He lost his balance and tumbled backwards. Splish!

Heron struggled to his feet. He was dripping with murky water, and green water weeds dangled from him. He was laughing, though.

"I sure don't look so great now," he said, "you know I think I would rather be well fed and a little plain or even ugly, than to be good-looking and this hungry." Still laughing to himself, Heron pulled himself into the evening sky on those fine big wings of his to go find some other hunting spot.

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S N W R E R B R H M D A A
S A O S I F E M E D N E S
I R O D A A A N E E B B
N I C C T L R A C G B L
I V D I S A O Y R D P E A
B E E E D P P W A O A A C
T R T N O F E C D V Y
I N D T A N E F K O A E
N S E B I I R S N P
E P E S E K H H U A S O
Y R A G L A C C F N C M T

All the listed words are hid-
den in this puzzle. They may be
forward or backward, vertical,
horizontal or diagonal, some
words may be used more than
once, but (black) letters will
remain uncolored and may be un-
used. Hint: I to form the name of
the man who rode the flying
off from his home to stand
with to 100, 1917, Calgary
stamp, and won the riding
championship.

Alberta
As midnight
band
Belt Paw
Blaze

Big Bear
Blue Kfoot
Blood
Calgary
Canada

Chief
Chipewyan
Cunningham
Cute
Crested
Edmonton
Fur
Indian
Lodge
Maskegon
Moose
Native
Old Man
Old Swan

Panama
Penguin
Pomona
Pondmuck
Red Cross
Rodeo
Sant
Sault
Shaw
Ski
Sled
Sled
Sled
Sled

SOLUTION IN NEXT ISSUE

by Wagamese . . .

Christmas, especially
Christmas eve, is a magic,
once a year time, not only
for people

On that night, after we
are fast asleep, all those
things we put out,
hang up, wrap and eat
just for Christmas, get the
power, the gift to visit
with one another. You see,
they get just as excited as
we do and if we could
hear them speak, this is
what they might say.

"It hurts when they shove
that tack in me," the red,
wool stockings say, "aw,
but it goes away, what a
long way up I am." "How
are you doin' down there,
oranges," they say,
looking down into
themselves. "Don't move
around, so much candy,
or we'll end up a red,
wood lump on that
hardwood floor. Sheesh,
after a whole year of fest,
it's sure nice to get
stuffed with surprises for
once. Say, by the way,
when does the Claus get
here?"

"Sometimes quarter to
three," rhymed the the
tree, "and then
sometimes half past, but
he comes and goes fast,
you can't even blink or

think and he's gone.

"Starlight, starlight,"
sang the tree top star,
"when will Santa be by
tonight?"

"You again, that's all you
ever say, year after year,"
the stockings complain,
"you may be light but you
aren't that bright."

"Hm m m m m p p p p," the
star would sniff, "my cousins
the stars in the sky know
who Santa is and when
he's away, long before any
of you do, and they tell
me, but what can I expect
from you, who spends the
year alone with toes."

"Please, please," speak the
cookies and their milk
glass buddies, "don't
argue like that, please.
The children left us here to
feed the old guy and we're
as excited as you,
but let us wait in some
peace at least. Besides,
isn't it nice, once a year,
for us to visit together
like this?"

"Sure is," the candy canes
chime in, strung across
the room with string,
dangling from a tree limb,
"like it's sort of a party,
right? We don't get out
much and to see what we
see, what a treat indeed."

"Yes, let's not fight, not
tonight, with a moon so
bright and such joy to
come with morning light,
the tree gleams, shivering
a little with excitement,
jingling its bells, flicking
tiny blue lights off and on.

"Well, I was just asking,"
the stockings apologize,
"I'm sorry, I get antsy just
hanging around up here."

"Me too," said the tree
top star, "I lied a little
back there, I don't really
know when he's coming.
Oh, well, Star light, Star
bright, when will Santa be
by tonight."

"Well, now I'm all ready,"
the stockings spoke,
"What do you suppose the
surprises will be, that the
Claus leaves to stuff inside
of me. Hey, now I'm
talking like that tree."

"Look, you guys," the wolf
rug growlingly spoke,
through grinning teeth, "I
get walked on all year,
one time they put this
red ribbon around my
neck, so I got no
complaints whatsoever,
besides, don't I look good.
You want to know when
he's comin', just ask the
roof, he knows, but his
comin' also means, well,
just ask old roof."

*"On behalf of our entire
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Then he yawns a toothy yawn and stretches his already stretched out self. "But I'm happy and I'm satisfied, and I'm going to sleep. see you all next year, and his toothy jaws snap closed.

"Holy smokes, the stockings spoke," we never knew he could do that.

"So old roof. Mr. Wolf says you can tell us what we want to know," the tree, the star, the stockings, the treats, spoke all as one.

The roof replies, "Wolf's right, alright, but the first I know about it, is reindeer hooves, landing soft and light. Just tinkie, tinkie and a poof and he's here, no speck in the distance, no steak across the sky and what a jolly guy. You should see that sleigh stuffed to the brim with gifts. He's back up here so quick I'm surprised you guys even see him. He always jokes with the deer, 'let's go antlerheads, we still have Cleveland left to do,' and off they fly, laughing all the way. So I can't warn you when he's near, just tinkie, tinkie, poof, and

he's here, but I love to wait. what a night up here. what a night.

But the wolf said something else that his coming means — they all asked as one again.

Oh yes, when Santa comes, our gift, our magic time is done. But no need for sadness though, we have tomorrow still. Oh yes, that's him, he's here, he's here. Good night, Merry Christmas, see you all next year, but watch tomorrow, the kids, the children, that's what happiness is about too.

So as the old roof and the wolf both knew, when Santa left, the stockings, the star, the tree, the treats all went silent for another year. They are waiting there, for the morning, for you, for your time to laugh together and visit, all happy and excited. One thing you must remember though, you see, their time together is so magic, so special we can easily disturb them, waking up too soon, so wait and sleep and dream, it's your turn, your magic, special, once a year time, next

PHOTO: Gordon W. Johnson

Library Offers Children's Series Season's Pass

Parents buying stocking stuffers for their children, or someone wanting to enjoy a season of live entertainment at a very reasonable cost, should look at the Library's season's pass for its popular Children's Entertainment Series.

The Library's Children's Spring Series will begin on

January 24, 1986. Performances will be presented every Friday at 6:00 and 8:00 p.m. and will include shows by groups such as Calgary's Interlude Mime, Victoria's Kaleidoscope Story Theatre, Vancouver's Green Thumb Theatre, Edmonton's Chinoiserie Theatre, and Nova Scotia's Mermaid Theatre.

The season's pass for the Spring Series will cost \$20 for 13 shows.

Season's passes may be purchased in person at the Centennial Library Theatre on Fridays up to December 6 between 5:00 and 8:30 p.m.

For further information call 429-9823.

"The Storm That Never Came"

by WAGAMESE . . .

One fine sundrenched morning, a mouse decided to go exploring past her home meadow to see what lay beyond, and simply because she was anxious to delight her eyes with new sights.

As she was packing a lunch, she asked herself aloud, "Suppose a fox is lurking in those woods?"

Well, I'll just have to be very careful then," she

thought to herself.

As she was putting a jacket on, she said to herself aloud, "What if darkness comes and finds me lost in those dark and dangerous woods?"

Well, I won't go too far and I shall watch the sun carefully as I go," she reassured herself.

She was about to step out the door when she asked herself this, "Suppose a fierce storm that topples trees arises, one will

surely fall on me and I shall meet my end right there and then.

The thought of this caused her to close the door, take off her jacket and put her lunch aside. She spent a long and anxious day inside waiting for the storm that never came.

Your worries and fears can deny you life's pleasures and experiences.

PHOTO: Gordon W. Johnson

Season's Greetings



*This is the day we greet you with
We like especially
The ones we often think about
But all new wishes
And so this Christmas greeting here
With thought and wishing you
And a love to you here and there
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Temporary solutions for winter windows

If you want to slash a few dollars off winter heating bills, you should probably look at your windows.

Heat loss through windows accounts for between 10 and 25 per cent of total heat loss, depending mainly on the amount of insulation in your home, but

also on its exposure and orientation to wind and sun.

But that doesn't necessarily mean that the windows need replacing — there are other steps a homeowner can take to reduce this heat loss, and with minimal expense. If your windows do need replacing, and you'd like to

put it off for a year or two, these steps will help you save until you are ready to make the change.

The insulation value of any window depends on air films adjacent to the glass surface and any air spaces enclosed between two or more layers of glass. The thickness of the glass has little bearing on the heat transfer through the window.

The first step is to make sure the windows are properly sealed. This means caulking around frames and trim, sealing individual panes of glass, and weatherstripping all movable seams.

Once this is done, the trick is to install an extra layer of glazing, thus providing an insulating air space between the inner and outer panes. Outside the house permanent or removable storm windows are the answer. Make sure, though, that the inner window is more airtight than the storm, so that household moisture won't be trapped between the two windows.

From the inside, the most inexpensive option is soft or rigid plastic, which can be removed in the summer. The installation must be airtight, so that condensation will not form in the air space.

If you decide against replacing your present windows, you should investigate the use of movable window insulation. Insulating curtains, made from heavy, multi-layered material, do an excellent job if they are adequately sealed around the edge. Insulating shutters and panels are even more effective and can be installed made for protection and convenience. However, factory-sealed or 'thermo-pane' windows, especially those that face south, should be shuttered only from the outside.

The most important point to remember is that all inside window insulation must be well sealed. A bad seal will allow most, inside air to condense in damaging quantities on the cold inner surface of the window.

Drafty windows don't always need to be replaced — a few dollars in sealing supplies and glazing will minimize the heat loss through and around them. But even if you intend to replace your present windows next year, these simple steps will help you start saving for your new windows now.

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Prison Transfers Agreement Sealed

by H. Chapparral

A new federal/provincial agreement for Correctional Services has been announced by Perrin Beatty, solicitor general of Canada, and Dr. Ian Reid, Alberta solicitor general.

Under the agreement, selected federal female prisoners, Native prisoners, and young adult prisoners who have no previous penitentiary history, will be permitted to serve their sentences in provincial correctional centres. The agreement will allow prisoners to maintain closer links with family and community.

In making the announcement several weeks ago, Dr. Reid said: "When fully developed over the next two or three years, this agreement will reduce duplication of services between the two systems, and will ultimately prove to be financially beneficial to both governments".

In addition to the initial exchange of prisoners between the two systems, the agreement provides for federal funding towards the construction of new facilities, services and programs in Alberta.

During the first phase of the accord, the federal government will contribute



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\$10.5 million towards the capital construction of the recently opened Grande Cache Correctional Centre, and the new Fort Saskatchewan Correctional Centre. Additionally, the province will obtain about \$2 million per year for housing and estimated 100 federal prisoners, who will be selected for transfer to provincial custody based on pre-determined criteria.



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Humility . . .

by Wagamese . . .

A group of brother
and sister minnows
were arguing over
who was the most
important of them in
that family.

The smallest and
cutest said, "It's me
because I am the
smallest and cutest. I
make people laugh
and everybody likes
to hug me. A lot!!

The biggest and best
swimmer of them
said, "no, I'm the one.
It's me who always
finds our way for us.

The roundest of them
spoke next. "I'm most
important. I always
know where the food
is, right?"

Then the quiet one
who never said much,
said, "I think it's me. I
do most of the
thinking, none of you
ever think to do."

They became so busy
arguing they didn't
notice this big jackfish
coming along. He
swallowed them all in
one gulp.

"Hmmm . . . they all
tasted the same to
me," that jackfish said.

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A Modern Frontier

by Sharon Lyons

It's been over 200 years since the first fur passed hands in Northern Alberta. For more than 100 years the residents of Northern Alberta depended solely on the fur trade for their livelihood. To what extent this has changed is shown by the economic history of Northern Alberta which unfolds in three stages.

History before the fur trade is not documented, so for all intents and purposes Northern Alberta's first economic base was the fur trade. Prior to its existence, the Indians had hunted animals mainly for food and the furs were often thrown away. When the white man arrived and realized the potential of the trade, based on the elitist demand of furs in Europe, the Indians became increasingly dependent upon fur because it provided them with economic, social and political benefits. They received blankets, kettles, pots and pans, food stuffs, rifles and shot, and metal traps as payment for furs. Socially and politically the Indians' way of life and their rights were respected because they were needed.

The fur trade provided a relatively stable income, but the economics of it were not much different from most export industries operating today. It was vulnerable to fluctuations in market demand because it was primarily export based and controlled outside the community by London. This control remained until the

Second World War when London began to lose its hold on the market.

Shortly thereafter trapping as a trade was seriously jeopardized due to the establishment of technological advancement, fur ranching, and changes to federal and provincial laws. Both levels of government

continued on Page 48



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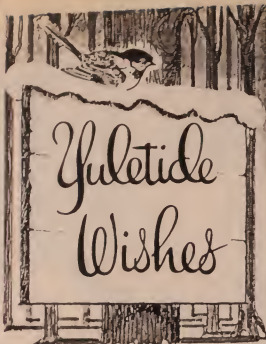
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Modern Frontier — continued

instituted registered trapline systems and made licences necessary which had a limiting effect on the free enterprise of the trade.

Trapping remains an export industry but it did not create secondary employment opportunities over the years. The traditional occupations of hunting, trapping, and fishing can still be considered as an important source of income for people in remote areas but for most, these occupations now provide only seasonal income.

While the fur trade prospered and continued on pretty much the same for the first 100 years of its existence, settlement in the area started to take shape and with this settlement came agriculture, the second stage of economic development in Northern Alberta.

Wheat was grown long before the turn of the 19th century by missionaries and traders but not as a main source of income. Records show that in 1876, the French Mission at Fort Chipewyan won the wheat and barley championships at the Centennial Exposition in Philadelphia. This was the beginning of a long line of awards consistently won by farmers in Northern Alberta. This recognition helped to publicize the quality of crops that were growing in the north particularly in the Peace River region.

By 1905 farming was flourishing. In 1910 Frank Oliver, publisher of the Edmonton Bulletin and former Minister of the interior in Ottawa, told prospective homesteaders to go into the Peace River Country where good land was available. People obviously listened to him. There were 2,000 people in the region in 1911 and only 10 years later there were 20,000!

continued on Page 49

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Modern Frontier — continued

Agriculture became the stable and primary economic base during the demise of the fur trade. It continues to be the most important and continuing contributor to the north's economy.

It should be mentioned that fishing at this time was also an important source of income for most people. Although its history is not as illustrious it provided a consistent seasonal livelihood for residents. Commercial fishing reached a peak in the 1960s, but production has dropped markedly in the past 10 years. Fishing remains an important source of income in small communities but has become a minor factor in the north's overall economy.

Today, oil and gas is the up and coming industry. Deposits in the north are extensive and exploration and development provide a strong primary or secondary economic base for a growing number of communities. This is the third stage of Northern Alberta's economic history and it's really just beginning.

Residents of Northern Alberta still depend on natural resources for their livelihood but they've made major strides in the use and development of these resources. The majority of communities still depend on agriculture but it's impor-

tant to note that a mixed economic base is catching up. Diversification into industries such as oil, gas, coal, forestry, and their related service industries is a positive step into the future.

Progress is inevitable, and adapting a lifestyle to it, is an ever-increasing challenge. Northern Albertans are meeting this challenge

successfully. The north is a modern frontier and it's exciting that this is where the future of new enterprise and exploration lies.

The Challenge North conference, held October 2-4 in Fort McMurray, will analyze the economic situation of Northern Alberta communities in relation to the global economic base.

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**Northern Light is
Burning Bright**

by Sharon Lyons

Northern Alberta is an immense tract of wilderness dotted with a few small mining towns. If you know the north, you also know that this statement is incorrect. While the beauty of Northern Alberta's vast wilderness

has remained intact, many of those small mining towns have become increasingly modern cities. Fort McMurray is one stunning example of economic growth in Alberta's north.

This city also has the prestige of being one of the oldest area of settlement in Alberta. The first fur-trading post was built in 1790. Eighty years later a fort was constructed on the east bank of the Athabasca, close to Fort McMurray's present business district. The settlement became a major transportation and fur-trading centre with 300 inhabitants in 1900. Today there are more than 100 times that many people at 34,494. What makes this remarkable is that in 1964 the population was only 1,804.

How did this small, northeastern town 435 km from a major centre become

so popular? It started when the first white explorers saw the "oozing tar" seeping from the ground. Fort McMurray was right in the middle of an oil sands deposit. One trillion barrels of crude bitumen spread in four major fields under-nearth 25,000 square miles.

Interest in the oil sands project sparked a wild real estate boom prior to World War I; and pilot projects by private companies and government between 1930 and 1960. These had little effect on the townsite because none of them were economically feasible. However, Fort McMurray prospered during this latter period with an economy based on the fish and fur trade supplemented by an increase in logging and salt mining operations.

April 10, 1964, was a turning point in Fort McMurray's economic history. Suncor's application to extract the oil sands was approved by Cabinet, provided they use Alberta labour and give Albertans a chance to purchase equity in the company. Shortly thereafter construction began. Suncor Inc. was the first plant of its kind in Canada and began operating in 1967. Today the company employs 1,895 people.

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Syncrude's main tar sands plant came on stream July, 1978 and to date it has been the largest construction project undertaken in Alberta. The plant cost over two billion to build and the construction force at one point reached 8,000. At present there are approximately 4,700 permanent employees.

Suncor and Syncrude are the only commercial oil sands plants in the world. Their existence in the development of the oil sands was the catalyst for Fort McMurray's growth from a town to a city. A place that was once nicknamed "Fort McMud" is now Alberta's "Northern Light".

Most importantly, Fort McMurray's image as a questionable boom town no longer exists. Although industry growth in the past ten years has been phenomenal, the city's economic base is stable and growing at a steady and controllable pace.

Logging, one of the viable resources that maintained the settlement of Fort McMurray, remains a stable

secondary industry. As do products based on the area's other resources: stoneware, construction materials, copper, sulphur and coke.

However, Fort McMurray still owes its economic success to the existence of the oil sands. Five of the city's nine major employers are a direct result of oil sand development: R. Angus, Syncrude, Suncor, Canterra and Stearns Catalytic. The other four are an indirect result due to population growth: the City of Fort McMurray Municipal Administration, Government of Alberta services, Keyano College and the Fort McMurray Hospital.

Tangible benefits of the city's industrial growth include a \$27 million airport expansion, a \$32 million Jubilee Centre and the relocation of Syncrude's corporate headquarters to

continued on Page 52



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Fort McMurray — continued

the Fort. Wages are high and stable for a young populace; 67.8% are under 29 and they enjoy burgeoning recreational and cultural facilities.

As well, the tourist industry has flourished because the oil sands are a world-wide attraction. In 1983 the Chamber of Commerce realized that tourism was a resource that should be cultivated. A Port of Entry to welcome tourists was constructed and the Oil Sands Interpretive Centre will open this August.

There are no indications that Alberta's Northern Light will burn out. Syn-crude is currently involved in a \$1.2 billion 5-year expansion. It's estimated that this will create approximately 2,000 jobs at the peak of construction and at completion, 400 full-time positions. A \$50 million research facility, sponsored by the Alberta Oil Sands Technology and Research Authority (AOSTRA), is being built under the oil sands 60 km northwest of Fort McMurray. The SATAC (Shaft and Tunnel Access Concept) test facility is experimenting with a new extraction technique. If it proves successful the profits could be immense. These and the more modest Sun-cor expansion, combined with an expected rise in real as well as relative energy prices by the end of the 1980s, are signs of a prosperous future for the city of Fort McMurray.

Fort McMurray shares a history similar to other northern communities but its extremely rapid growth makes it unique. It is a natural choice as host city for an upcoming conference called Challenge North. The conference, held October 2-4 in Fort McMurray, will focus on the global economic base and analyze this in relation to the economic situation of towns and cities, such as Fort McMurray, in Northern Alberta.

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The Invisible Killer

Carbon monoxide claims the lives of a number of Albertans in a variety of situations each year.

According to statistics released by Alberta's chief medical examiner, almost 200 people in Alberta died accidentally from carbon monoxide poisoning between 1975 and 1984. Of these deaths, about two-thirds were caused by motor vehicles exhaust.

Carbon monoxide is formed when fuel is burned in a vehicle's engine. The gas can pose a serious health threat if it escapes through a defective exhaust system, through holes in the floor or trunk, or through build-up in the air of enclosed spaces such as garages, underground parking areas or traffic-congested tunnels.

Improper installation, maintenance and use of fuel-burning appliances and venting systems in homes, trailers, recreational vehicles and other enclosed spaces account for most other accidental carbon monoxide deaths. In homes, carbon monoxide may accumulate because of plugged or leaking venting systems, or because appliances are misused or faulty. Dr. John Butt, Alberta's chief medical examiner, says a basic rule to remember is that fuel-burning appliances constantly require proper ventilation because they consume oxygen.

"Carbon monoxide has almost the same density as air," he explains. "Although it may initially rise when it is warm, carbon monoxide can eventually settle in any area of an enclosed space. It also lingers."

Death by carbon monoxide poisoning is almost the same as death by asphyxiation. Hemoglobin, the part of a red blood cell that carries oxygen to your body's tissues, has 200 to 300 times the affinity for carbon monoxide than it has for oxygen. In other words, carbon monoxide quickly attaches to hemoglobin and is difficult to remove, thereby starving, or "asphyxiating", your body of oxygen.

Early signs of carbon monoxide poisoning include shortness of breath after moderate exertion, headaches, dizziness and mental confusion. These may be followed by nausea, impairment of vision or hearing, loss of muscular control and vomiting... Unconsciousness and death may result.

Initial symptoms often

resemble common ailments, and can therefore be mistakenly diagnosed. Whenever these symptoms occur, carbon monoxide should be considered a possible cause. The early stages of carbon monoxide poisoning may

resemble car sickness, and Dr. Butt recommends that "whenever a child or other individual in the back seat of a car develops what appears to be motion sickness, the illness should be

continued on Page 55



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Invisible Killer — continued

regarded as a sign of exhaust fumes entering the vehicles." He urges that emergency action should be taken and that the exhaust system, floor and trunk of the car should be checked for leaks.

Persons succumbing to carbon monoxide poisoning will immediately need a large supply of fresh air. Victims must be kept motionless and warm, and

should be taken to hospital. Where breathing has ceased, some form of resuscitation, such as mouth-to-mouth respiration, should be administered, preferably by someone who knows the proper procedure.

Carbon monoxide presents a threat in many different situations. But the threat can easily be avoided if people observe safety and use common sense whenever a vehicle is running or a fuel-burning appliance is in use.

"It doesn't take much effort to check vehicle exhaust systems or to make sure your vehicle or garage has a supply of fresh air. Nor is it difficult to check fuel-burning appliances — including vent pipes and chimneys — to make sure they are operating properly and are free of debris and leaks. When safety practices are followed regularly, they become second nature," says Dr. Butt.

Because they breathe more rapidly than adults, children are particularly susceptible to carbon monoxide poisoning, as are people with heart or lung disease.

"People with chronic chest or heart disease frequently have an impaired oxygen supply due to the reduced capacity of the lungs or heart," says Dr. Butt. "If carbon monoxide enters the circulation, it makes the balance even more delicate."

Smokers, too, should be wary. Smoking produces carbon monoxide and can contribute to a dangerous concentration of the gas in small, enclosed areas where fresh air is in short supply.

"Samples taken of smokers in traffic have shown that up to 12 percent of the blood's capacity is taken up with carbon monoxide," Dr. Butt explains. "A concentration of more than 15 per cent is considered dangerous, and impaired judgement or other symptoms are likely to occur. Unconsciousness usually results when concentrations reach about 30 per cent."

"Death can ensue, even in a healthy person, with a level of about 40 per cent. And persons with chronic chest or heart disease can die when levels are substantially less than that."



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Human Rights

EDMONTON — Significant changes made to the Individual's Rights Protection Act (IRPA) this year are helping extend the protection already provided by the Act to Albertans.

The changes, which were introduced in the Alberta legislature on April 15 by Labor Minister Les Young, and came into effect on June 5, are also assisting the Human Rights Commission in more effectively carrying out its mandate. Some of the amendments to the Act are:

- Pregnant women are now protected against dismissal from their job and against terms and conditions of employment which would discriminate against them "by reason only of pregnancy".
- Within the terms of the Act "age" now means 18 years of age or older.
- The concept of reasonable accommodation enables the commission to attempt to assist in the resolution of complaints of discrimination.
- Discrimination will no longer be considered to have occurred where it can be shown that the action in question was "reasonable and justifiable".
- The new term "bona fide occupational requirement" places the emphasis on the requirements of a particular job rather than on the qualifications of a particular employee.

The IRPA protects Albertans from acts of discrimination in three main areas: employment, tenancy, and public services and accommodations. It is a contravention of the Act to discriminate against anyone on the basis of race, religious beliefs, colour, ancestry, sex of origin, sex or physical disability, age, marital status and pregnancy are protected categories in employment only.

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The accused driver was obviously impaired. He was out of his truck, he could not stand, yet he was charged with impaired driving because he was unable to provide a breath test, as a blood sample could not be administered without his consent.

(Amendments forthcoming in the Criminal Code only now — more than three years later.)

There was little conviction in the fact that the only one of approximately 350 people in Alberta this year who died because of drinking driver. She was robbed of her life and were robbed as well as a granddaughter.

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That agonizing pain and despair formed the foundation of P.A.I.D. (Party Against Impaired Drivers) felt then as I do now. The voice of the victims and the survivors of the victims must be heard.

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